

**COLONIAL BEHAVIORAL HEALTH  
BOARD MEETING**

**TIME:** 4:00 p.m.

**PLACE:** Colonial Behavioral Health, 473 McLaws Circle, Williamsburg, VA 23185

**DATE:** September 4, 2018

**BOARD MEMBERS PRESENT:**

Mr. John Kuplinski – James City County  
Mr. Talbot Vivian – York County  
Ms. Rebecca Vinroot – James City County  
Ms. Sue Mellen – James City County  
Mr. Peter Walentisch - Williamsburg  
Ms. Hazel Braxton - Williamsburg  
Ms. Sherri Newcomb-York County  
Mr. Bruce Keener – York County  
Ms. Kristin Nelson – York County

**STAFF PRESENT:**

Mr. David Coe  
Dr. Dan Longo  
Ms. Marsha Obremski  
Ms. Kari Traver  
Nancy C. Shackelford  
Ms. Debbie Townsend-Pittman  
Ms. Nancy Shackelford

**BOARD MEMBERS ABSENT:**

Ms. Mary Diggs – Poquoson  
Ms. Cindy Spitzer – Poquoson  
Ms. Teresa Christin – James City County  
Dr. Alfred Brassel – York County  
Dr. Baljit Gill – York County  
Ms. June Hagee – James City County  
Ms. Terry Christin – James City County

**PUBLIC COMMENT:**

None.

**PUBLIC RECOGNITION:**

None.

**CONSENT CALENDAR:**

The Consent Calendar was presented for approval of the following minutes:

1. Board of Directors Meeting of July 27, 2018
2. Administration Committee Meeting Minutes of August 21, 2018
3. Executive Committee Meeting Minutes of August 21, 2018
4. Services & Evaluation Committee Meeting Minutes of August 16, 2018

Mr. Vivian motioned to approve the items on the Consent Calendar as presented. Ms. Braxton seconded the motion. One abstention. Motion carried unanimously.

## INTRODUCTION OF BOARD MEMBERS

Ms. Mellen suggested that there be time allocated for introductions of Board members and their localities. There are several new Board members and all members were unable to attend the Retreat in July and therefore an introduction for all present at this meeting.

## SERVICES AND EVALUATION COMMITTEE

Mr. Vivian stated that the Services and Evaluation Committee had met and discussed several items that the Committee would like to propose for implementation by the Board. The Services and Evaluation Committee discussed that each quarter a program presentation is provided to the full BOD. He noted that there is a lot of information that would provide background knowledge and orientations for the Board members on an ongoing basis. Mr. Vivian distributed to the BOD members a list of all CBH services and asked that they select topics that they would like to have presented. He said that decisions will be made from the top four selected. He also noted that there would be the opportunity for the actual Board meeting to be held at the location selected. The S&E committee will also let the BOD members decide if they want the presentation to occur before or after the regular Board meeting. They suggest that the presentation time slot be up to one hour. Several topics were noted. Presentations would be provided by the program management staff and a written summary of the program (utilizing the same form as previously used) would be completed and distributed to the BOD members in the BOD packet prior to the presentation/meeting. The reason for this proposal is that they believe the BOD members would be able to “better represent the CSB if they had first-hand knowledge about the programs and services that Colonial provides.” The consensus of the membership is to approve the proposal presented by the Services and evaluation Committee and present to the full Board.

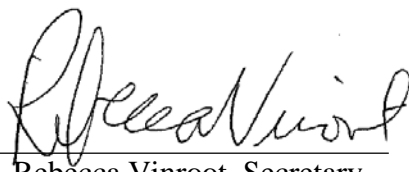
## Executive Directors Report

The Executive Director’s Report was provided in writing and distributed to Board Members.

Mr. Coe presented information regarding activities of the agency including the opioid issues, MAT and the pharmacy status.

There being no further business to discuss, the meeting adjourned at 4:27 p.m.

  
John Kuplinski, Chair

  
Rebecca Vinroot, Secretary