WmbgCares.org

JAMES CITY COUNTY • POQUOSON WILLIAMSBURG • YORK COUNTY

A website with health and well-being information and a directory of services in the Williamsburg area.

WmbgCares.org includes comprehensive information about regional health and human services including:



A **Service Directory** of over 435 programs and services primarily located in the Greater Williamsburg area.



Listings of local behavioral health, caregiver, medical and recovery related support groups, food pantries, senior services, trainings and much more.



A dedicated page with critical information and federal, state and local resources for service members, veterans and their families.

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Do you or someone you know struggle with mental health or substance use issues?



Provides 24/7, free and confidential support for people in distress, and prevention and crisis resources for you and your loved ones.



This page contains local and national treatment and connection resources, videos, podcasts, websites and articles.



Contains videos
on general opioid
information, harm
reduction, prescription
opioids and combating
the opioid crisis.

