

## **Greater Williamsburg Child Assessment Center (GWCAC)**

GWCAC provides child and adolescent clinical assessments, psychological testing and referrals to community treatment and support providers based on identified needs. Assessments offered include:

- Mental Health: mood, behavioral, developmental, attention/ concentration
- Substance Use: screening and treatment recommendations
- Trauma: impact of abuse, bullying, aftermath of an event or loss
- **Court-ordered:** mental health evaluation
- Intelligence and adaptive functioning



### **Mission Statement**

The mission of Colonial Behavioral Health, the local Community Services Board, is to facilitate opportunities for recovery, resiliency and wellness to individuals and families affected by mental illness, intellectual disabilities and substance use disorders.

Through an array of strategies and collaborative partnerships with local and regional providers, CBH will demonstrate a commitment to quality assessment, prevention, treatment and habilitation through best practice methodology for the citizens of James City County, City of Poquoson, City of Williamsburg and York County.



# Child & Adolescent Services

### Williamsburg Office

921 Capitol Landing Road Williamsburg, VA 23185 Phone: 757-253-4074

#### York-Poquoson Office

3804 George Washington Hwy. Yorktown, VA 23692 Phone: 757-898-7926

### Greater Williamsburg Child Assessment Center

921 Capitol Landing Road Williamsburg, VA 23185 Phone: 757-253-4047

### **24-hour Behavioral Health Crisis**

Phone: 757-378-5555

### www.ColonialBehavioralHealth.org

Serving James City County, City of Poquoson, City of Williamsburg and York County



# Child & Adolescent Services



### **Services**

**Assessment:** An initial visit to define behavioral health needs

**Case Management:** Provides links to agency and community services that provide resources and support for the child

**Counseling:** Individual, family, and group counseling that focus on improving relationships and developing self-management

**Crisis Services:** 24/7 support for families experiencing immediate distress and potential for out-of-home placement

**Prevention:** Efforts to promote mental health and reduce substance use in the community

**Psychiatry:** Psychiatric and medication support services

### Eligibility

These services are available to children and adolescents ages 6-18 (up to 22 if still in secondary school) who are experiencing developmental, emotional, or behavioral issues.

### **Accessing Services**

In the first meeting, a licensed therapist meets with the family to help determine which services would best address needs. This meeting usually involves gathering treatment and family history, identifying target areas for treatment work, and clarifying agency programs and expectations.

Once services are selected, a clinician is identified to provide each service and a program-specific treatment plan is created with the family.

Over the course of treatment, program providers frequently collaborate to ensure the child's needs are met. The child, family, and treatment providers work as a team to maximize services and build on family strengths.

### **Fees**

Services are provided on a fee-for-service basis. We accept most insurance plans and HMOs. Individuals without insurance are charged according to ability to pay, based on income and dependents. No one will be denied services because they are unable to pay.

### Staff

All services are provided by clinically trained, professional staff. Our services are licensed by the Virginia Department of Behavioral Health and Developmental Services.

Individuals and their families are encouraged to participate in service planning and decisions about their care. All services are confidential.

### WmbgCares.org

The Greater Williamsburg Network of Care at WmbgCares.org is an online resource with comprehensive information about regional health and human services, including:

- Local substance use and behavioral health providers
- Emergency food, clothing housing and behavioral health services
- Community Calendar