# COLONIAL BEHAVIORAL HEALTH BOARD MEETING

DATE: November 1, 2022

PLACE: Colonial Behavioral Health, 473 McLaws Circle, Williamsburg, VA 23185

CALL TO ORDER: 4:00 p.m.

#### **BOARD MEMBERS PRESENT:**

Ms. Sheri Newcomb - York County

Ms. Hazel Braxton- Williamsburg

Mr. John Collins- York County

Mr. Reynaldo Carpio- York County

Ms. Denise Kirschbaum-James City County

Ms. Kristen Nelson - York County

Ms. Donyale Wells – James City County

Col. Roy Witham - James City County

#### **BOARD MEMBERS ABSENT:**

Mr. Ryan Ashe- James City County

Dr. Al Brassel- York County

Ms. Wendy Evans- Williamsburg

Ms. Crystal Howser - Poquoson

Mr. Steven Miller- York County

Ms. Erin Otis-James City County

Ms. Sherry Wharton - Poquoson

#### **PUBLIC COMMENT:**

None

#### **CONSENT CALENDAR:**

The Consent Calendar was presented for approval of the following minutes:

- Services and Evaluation Committee Meeting of September 28, 2022
- Board of Directors Meeting of October 4, 2022
- Adminstration Committee Meeting of October 18, 2022

It was noted that a correction was needed to the October 4, 2022, Board of Directors Meeting Minutes, to reflect that Ms. Kristen Nelson was not present. Ms. Hazel Braxton motioned to approve the minutes, given that correction. The motion was seconded by Mr. John Collins and passed unanimously.

#### **Executive Director's Report:**

The Executive Directors Report was provided in writing and distributed to Board Members. Discussion. The following items were also discussed in addition to written report:

- Ms. Kristen Nelson reports that she will reach out to A.C. Cordoza and Tommy Norment's teams to assist with scheduling legislative meetings.
- Mr. Reynaldo Carpio brought to the attention of the Board that the Public Awareness Committee has been unable to meet due to lack of quorum. He expressed that this is becoming an issue; Mr. Coe will address this issue.

#### STAFF PRESENT:

Mr. David Coe

Ms. Linda Butler

Mr. Dan Longo

Ms. Marsha Obremski

Ms. Nancy Parsons

Ms. Chaenn Thomas

Ms. Ashleigh Cooke

#### **GUESTS:**

Don-League of Women

Voters

#### Presentation:

Ms. Marsha Obremski presented four 15-second Gas Pump Videos that will be displayed at Gas Pumps throughout our area. Videos highlight lock boxes for medication, the 988 suicide hot-line, substance use, and gambling addiction, informing listeners where they can seek help.

#### Adjournment:

Mr. John Collins made a motion to adjourn; seconded by Ms. Hazel Braxton. The motion passed unanimously. The meeting adjourned at 5:00 p.m. The next meeting is scheduled for January 3rd at 4:00 p.m.

Ms. Sheri Newcomb, Vice-President

Hazel Braxton, Secretary

# Colonial Behavioral Health Board of Directors Meeting

November 1, 2022, 4:00 P.M.

# **AGENDA**

- I. Welcome and Call to Order
- II. Public Comment
- III. Consent Calendar:
  - Please consider approval of the following meeting minutes:
    - o September 28, Services and Evaluation Committee Meeting
    - October 4, 2022, Board of Directors Meeting
    - October 18, 2022, Administration Committee Meeting
- IV. Executive Director's Report- David Coe
- V. Adjourn

# **Meeting Minutes**

Minutes of: Services and Evaluation Committee

Date: September 28, 2022

Present: John Collins, Denise Kirschbaum, Roy Witham, David Coe, Dan Longo, Linda Butler

Absent: Crystal Howser, Steven Miller

1. Members of the Committee toured the DD Residential Group Home located at 412 Caroline Circle.

- After seeing the layout of the home, information was shared regarding the process of obtaining funding for and building the group homes, population served, services and fee structure and staffing.
- In addition to committee members listed above, the following Board members/CBH staff were in attendance: Al Brassel, Rey Carpio, Ashleigh Cooke, Vivian Williams
- 2. Adjournment

The meeting was adjourned at 4:25 p.m.

Submitted by: Linda Butler

# **Next Meeting**

Date: October 26, 2022

Time: 3:30 p.m.

Location: People's Place 111 Warwick Court Williamsburg

# COLONIAL BEHAVIORAL HEALTH BOARD MEETING

DATE: October 4, 2022

PLACE: Colonial Behavioral Health, 473 McLaws Circle, Williamsburg, VA 23185

CALL TO ORDER: 4:00 p.m.

#### **BOARD MEMBERS PRESENT:**

Dr. Al Brassel- York County

Ms. Sheri Newcomb – York County

Ms. Hazel Braxton- Williamsburg

Mr. Ryan Ashe- James City County

Mr. John Collins- York County

Mr. Reynaldo Carpio- York County

Ms. Wendy Evans- Williamsburg

Ms. Denise Kirschbaum-James City County

Mr. Steven Miller- York County

Ms. Kristen Nelson - York County

Ms. Donyale Wells – James City County Col.

Roy Witham – James City County

#### **BOARD MEMBERS ABSENT:**

Ms. Crystal Howser – Poquoson

Ms. Kristen Nelson- York County

Ms. Erin Otis- James City County

Ms. Sherry Wharton – Poquoson

#### **STAFF PRESENT:**

Mr. David Coe

Ms. Linda Butler

Mr. Dan Longo

Ms. Marsha Obremski

Ms. Nancy Parsons

Ms. Chaenn Thomas

Mr. Will Armstrong

Ms. Ashleigh Cooke

#### **GUESTS:**

Pat Evers- League of Women

Voters

#### **PUBLIC COMMENT:**

Ms. Pat Evers noted that a correction needed to be made to the September minutes. The minutes reflected that it was Pat Evers present representing the League of Women Voters, but it was actually Karen Siracusa.

#### **CONSENT CALENDAR:**

The Consent Calendar was presented for approval of the following minutes:

- Board of Directors Meeting of September 6, 2022
- Executive Committee Meeting of September 20, 2022

Ms. Hazel Braxton motioned to approve the meeting minutes listed above as presented. The motion was seconded by Mr. Roy Witham and passed unanimously.

Presentation: Crisis Expansion Proposal- Dan Longo & Will Armstrong:

Mr. Dan Longo, Director of Behavioral Services and Mr. Will Armstrong, Emergency ServicesCoordinator, presented a PowerPoint on the Crisis Expansion Proposal. Discussion.

#### **Executive Director's Report:**

The Executive Directors Report was provided in writing and distributed to Board Members. Discussion.

The following items were also presented in addition to written report:

- Mr. David Coe reports that he has a tentative meeting with Senator Monty Mason scheduled for October 20th @ 3:00 p.m. Dr.
  Brassel, Mr. Ashe, and Ms. Braxton were invited to attend, as they are members of the legislative team assigned to Senator
  Mason.
- Mr. Coe also requested that Ms. Cooke schedule meetings with the other four legislators (Delegate Amanda Batten, Delegate A.C. Cordoza, Delegate Mike Mullen, and Senator Tommy Norment).
- Board Members were also reminded of the tour of People's Place, scheduled for October 26th.

#### Adjournment:

Ms. Denise Kirschbaum made a motion to adjourn, seconded by Mr. John Collins. The motion passed unanimo	usly. The
meeting adjourned at 5:15 p.m. The next meeting is scheduled for 4:00 p.m. on November 1st.	

Dr. Al Brassel, Chairman	Hazel Braxton, Secretary



# **Meeting Minutes**

Minutes of : Administration Committee Date: October 18, 2022

Present: Ryan Ashe, Dr. Alfred Brassel, Jr., John Collins,

Staff Present: David Coe, Ashleigh Cooke, Nancy Parsons, and Chaenn Thomas

Absent: Hazel Braxton, Wendy Evans, and Sheri Newcomb

- 1. Call to Order
  - The meeting was called to order at 4:02p.m. by Mr. Ryan Ashe.
- New Business
- a. Ms. Parsons informed the committee that York County had moved its FY 2024 budget proposal deadline to November 1st. Ms. Parsons presented a spreadsheet, reflecting a 7% increase in locality funding across the board.
- b. Ms. Parsons presented the September financials. Discussion.
- c. Ms. Thomas presented the recruitment update; per her report, we are actively recruiting 21 positions, and have filled 3 vacancies since October 3rd.
- 3. Conclusions, Recommendations, and Actions
  - a. After the budget discussion, Dr. Brassel proposed that we move forward with a proposed budget increase of 7.5% for all localities, aside from Poquoson. Mr. Collins seconded the motion.
- 4. Adjournment
  - A motion was made to adjourn the meeting by Mr. John Collins. Dr. Alfred Brassel seconded the motion. The meeting was adjourned by Mr. Ryan Ashe, Jr. at 4:55p.m.

Submitted by: Ashleigh Cooke

#### **Next Meeting:**

Date: November 15, 2022

Time: 4:00 p.m.

Location: 473 McLaws Circle, Williamsburg, VA 23185

# COLONIAL BEHAVIORAL HEALTH Executive Director's Report – November 2022

### **Agency Issues**

- 1. The temporary consolidation of our DD group home population took place in mid-May due to staff shortages. While not diminishing our desire to maintain our residential service options, we are also exploring other services that can enhance our offerings to DD consumers and their families.
- 2. While we will maintain options for telehealth services for consumers who wish to continue with that service, we are in the process of further expanding our in-office operations for direct service provision.
- 3. Due to an earlier deadline (November 1) for submission of local government budget request from York County, we reviewed possible scenarios with the Administration Committee and made submission.

# **Community Issues**

- 1. While we are still excited about the reports of progress related to the Eastern State surplus property, there are no updates yet available. We hope to have positive news to share in early 2023.
- 2. Our community is beginning to schedule discussions that we hope will lead to development of a Behavioral Health Court docket in the foreseeable future. We have long hoped for this important development in helping to decriminalize mental illness.
- 3. We are proceeding with plans for our 50<sup>th</sup> Anniversary Celebration on December 6<sup>th</sup>. This event will be held in lieu of our regular Board meeting for December. You should have received your invitation at this point and your RSVP is appreciated. The event is scheduled for 2:00 PM at Great Wolf Lodge.
- 4. Our need for a Marcus Alert Coordinator continues as we endeavor to facilitate the development of our Local Plan to develop mandated protocols. This would be an intensive but time-limited assignment.

# **Regional Issues**

1. Region 5 has submitted its proposal for expanding Permanent Supportive Housing (due 10/31). Linda Butler and John Brumfield led our participation in that process.

# **Public Policy**

- 1. Meetings have been held with Senator Mason and Delegate Batten to date regarding our legislative priorities. Each of them has committed to supporting CBH priorities in 2023.
- 2. A meeting with Delegate Mullin has been scheduled for November 29<sup>th</sup> as we continue to pursue meeting times with Senator Norment and Delegate Cordoza.
- 3. The proposed plan to evaluate a redesign of Virginia's public behavioral health/developmental services system should be getting underway soon. It is unclear what the plan intends to accomplish at this point.
- 4. The Governor's budget plan is due to be released in mid-December. A summary of relevant items will be shared with the Board as soon as it can be assembled for distribution.

Respectfully submitted, David A. Coe



# YEAR TO DATE REVENUES AND EXPENDITURES as of September 30, 2022

# **REVENUE**

	TOTAL	RECEIVED		BUDGET		
CATEGORY	BUDGET		YTD	YTD	% RECEIVED	BALANCE
State	\$ 8,869,900	\$	2,796,839	\$ 2,217,475	126%	\$ 579,364
Local	\$ 3,527,000		879,871	881,750	100%	\$ (1,879)
Fees	\$ 6,567,737		1,309,559	1,641,934	80%	\$ (332,375)
Grants/Other	\$ 1,247,363		344,033	311,841	110%	\$ 32,192
Total Revenue	\$ 20,212,000	\$	5,330,302	\$ 5,053,000	105%	\$ 277,302

#### **EXPENDITURES**

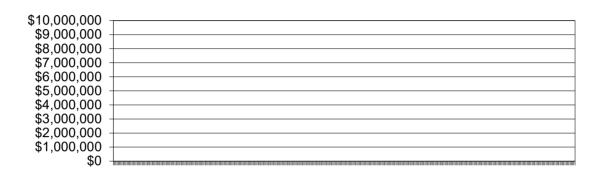
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CATEGORY		TOTAL BUDGET		XPENDED YTD	BUDGET YTD	% EXPENDED		BALANCE
Personnel	\$	15,946,183	\$	3,668,806	\$ 4,293,203	85%	Ф	624,397
Staff Development	\$	69,561	Ψ	20,092	17,390	116%		(2,702)
Facility	\$	1,068,026		171,710	267,007	64%		95,297
Equipment and Supplies	\$	821,421		179,872	205,355	88%		25,483
Transportation	\$	258,617		12,888	64,654	20%		51,767
Consultant and Contractual	\$	1,856,155		544,128	464,039	117%		(80,089)
Miscellaneous	\$	192,037		4,894	48,009	10%		43,116
Total Expenditures	\$	20,212,000	\$	4,602,390	\$ 5,359,657	86%	\$	757,267
On a nation of Mannin	Ι φ		φ.	707.040	φ (200 CE <b>7</b> )	440/	φ	4 004 570
Operating Margin	\$	-	4	727,912	\$ (306,657)	14%	Э	1,034,570

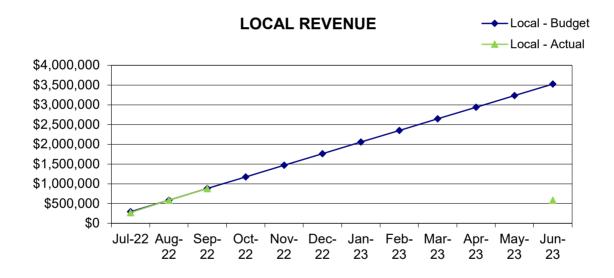
Unless noted otherwise, all amounts are modified cash basis: revenues recognized when earned and received; expenditures upon disbursement, subject to final settlement with fiscal agent.

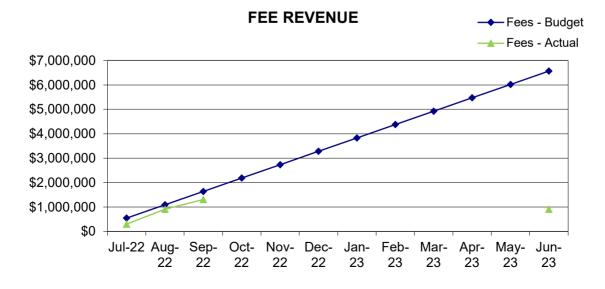


# YEAR TO DATE REVENUES as of 09/30/22

# STATE REVENUE

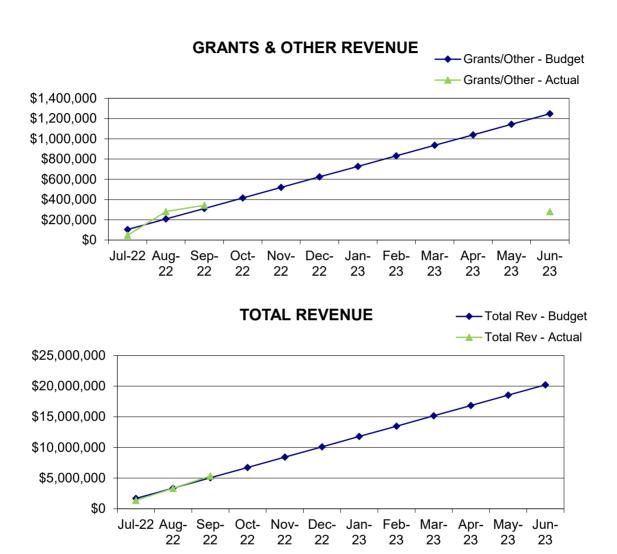




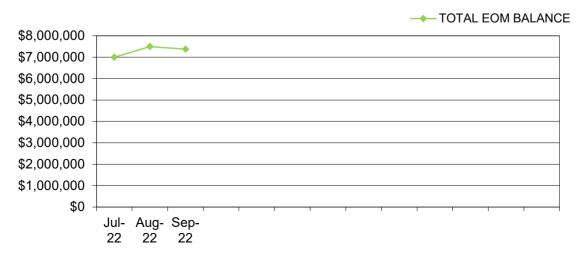




# YEAR TO DATE REVENUES as of 09/30/22

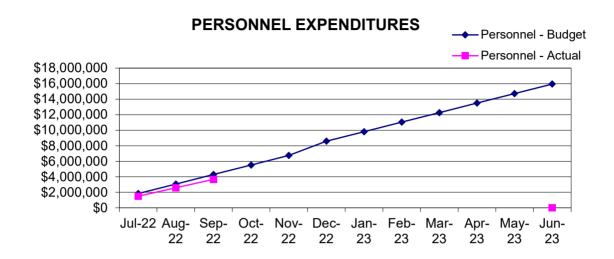


#### **CASH & INVESTMENTS BALANCE**

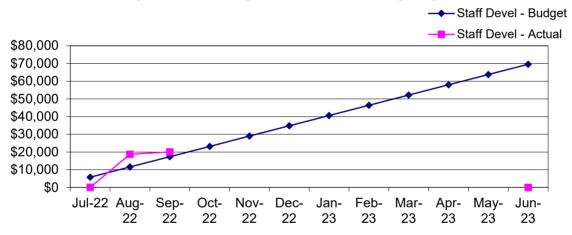


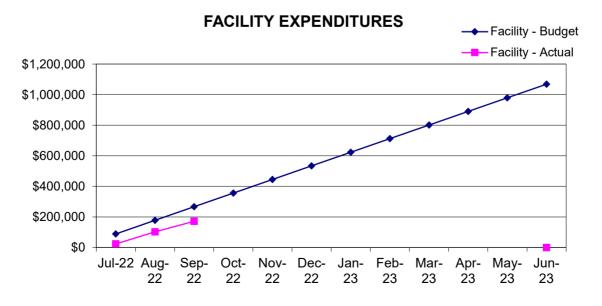


# YEAR TO DATE EXPENDITURES as of 09/30/22



# STAFF DEVELOPMENT EXPENDITURES

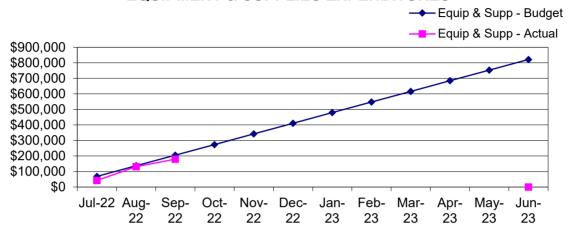




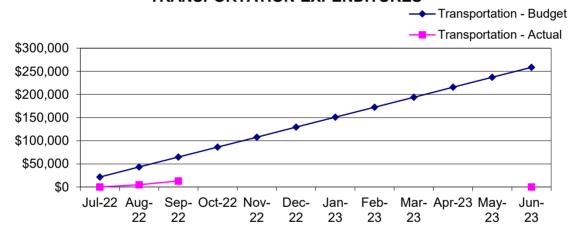


# YEAR TO DATE EXPENDITURES as of 09/30/22

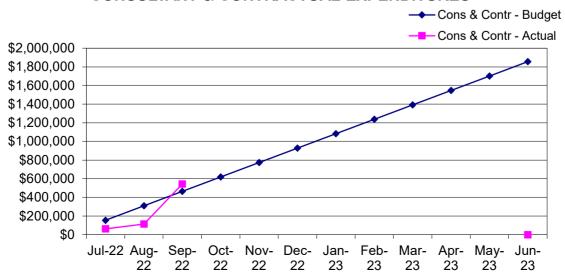
# **EQUIPMENT & SUPPLIES EXPENDITURES**



# TRANSPORTATION EXPENDITURES

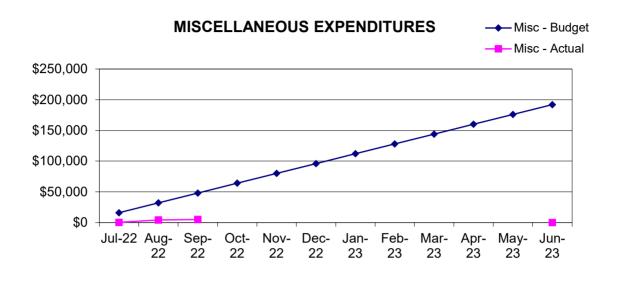


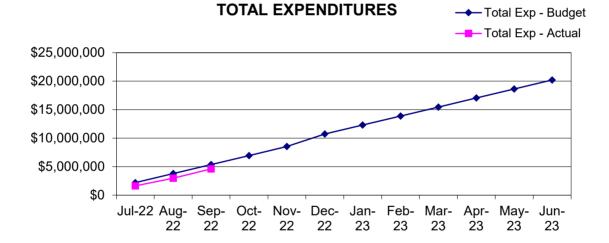
# **CONSULTANT & CONTRACTUAL EXPENDITURES**

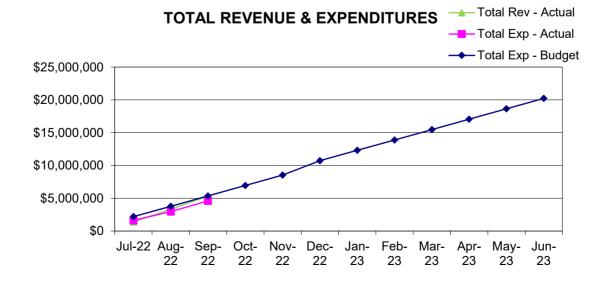




# YEAR TO DATE EXPENDITURES as of 09/30/22







# **Recruiting Overview**

	Number of				Current Vacancies As of
Positions Vacant	Vacancies		Positions Filled	External/Internal	10/25
Case Manager II- DD		3			3
DSP Residential FT & PT		6			6
DSP Day Support		2			2
Case Manager I- DD		1	1	External Candidate	0
Health Information Tech		1			1
Quality Compliance Analyst		1			1
Human Resources Specialist		1			1
PSR Specialist		1			1
<b>Emergency Specialist</b>		1			1
MH-SA Case Manager		1			1
Licensed Eligible- OP		1			1
Licensed Therapist- OP		1			1
Licensed Eligible- C&A		1			1
Case Manager- C & A		1			1
Licensed Therapist- GWCAC		1			1
Therapist (Master's Level) MDC		1	1	External Candidate	0
Clinical Documentation Specialist		1			1
Family Support Partner		1			1
Office Manager		1	1	Internal Candidate	0
IT Manager		1			1
New Vacancies					
<b>Emergency Services Manager</b>		1			1
Total	2	28	3		25