

**COLONIAL BEHAVIORAL HEALTH  
BOARD MEETING**

**TIME:** 4:00 p.m.

**PLACE:** Colonial Behavioral Health, 473 McLaws Circle, Williamsburg, VA 23185

**DATE:** October 1, 2019

**BOARD MEMBERS PRESENT:**

Dr. Alfred Brassel – York County  
Dr. Baljit Gill -York County  
Ms. Rebecca Vinroot - James City County  
Ms. Hazel Braxton - Williamsburg  
Ms. June Hagee – James City County  
Ms. Sherri Newcomb - York County  
Mr. Bruce Keener – York County  
Ms. Kristen Nelson – York County

**STAFF PRESENT:**

Mr. David Coe  
Dr. Dan Longo  
Ms. Kari Traver  
Ms. Marsha Obremski  
Ms. Anita Michalec  
Ms. Debbie Townsend-Pittman  
Mr. Keith German

**BOARD MEMBERS ABSENT:**

Mr. Ryan Ashe - James City County  
Mr. John Kuplinski – York County  
Mr. Talbot Vivian – York County  
Ms. Mary Diggs – Poquoson  
Ms. Cindy Spitzer – Poquoson  
Ms. Wendy Evans – Williamsburg  
Ms. Teresa Christin – James City County

**PUBLIC COMMENT:**

None.

**CONSENT CALENDAR:**

The Consent Calendar was presented for approval of the following minutes:

1. Board of Directors Meeting of September 3, 2019
2. Services & Evaluation Committee Meeting of September 19, 2019

Ms. Braxton motioned to approve the items on the Consent Calendar as presented. Motion seconded and carried unanimously.

**Action Item A-1** was presented for approval of the proposed CBH Board Attendance Policy. This policy is designed to help assure that individuals appointed to serve on the CBH Board of Directors remain accountable to local jurisdictions that rely on CBH to provide the best services possible with the resources provided. Discussion.

Dr. Gill motioned that the proposed CBH Board Attendance Policy be referred back to the Executive Committee for further discussion. The motion was seconded and passed unanimously.

**DATE for 2020 BOARD PLANNING DAY:** The CBH Board Planning Day has historically been scheduled the last Friday in July. There was discussion regarding the month/day of the week the planning day is held and if there was a more convenient time to schedule the 2020 meeting. The host for the Planning Day is the City of Williamsburg. Several dates were presented for consideration and discussed. The decision was unanimous to schedule the CBH Board Planning Day on July 17, 2020.

**EXECUTIVE DIRECTOR'S REPORT:**

The Executive Directors Report was provided in writing and distributed to Board Members.

Mr. Keith German was recognized for attaining his 35th year anniversary of employment with Colonial Behavioral Health (CBH). The CBH Board of Directors extended appreciation to Mr. German for his ongoing commitment to the agency, clients, and localities served.

Mr. Coe reported on CBH Legislative Events which have previously been held in September/October. He noted that if an event were to be scheduled this year, it would have to be held in early December. Logistically, this would be difficult to schedule taking into consideration the current time frame and also being unable to determine which Legislators will be elected into office. Board members were solicited for input/comments. Discussion.

The decision was made to postpone the Legislative event until next year to allow for better planning. CBH Legislative teams are also encouraged to focus on individual meetings with Legislators and/or their representatives to discuss CBH talking points.

There being no further business to discuss, the meeting adjourned at 4:41 p.m.

  
Dr. Alfred Brassel, Chair

  
Dr. Baljit Gill, Secretary