

# SUBSTANCE USE PREVENTION MESSAGING: HOW TO TALK WITH YOUTH AND EDUCATE THOSE AROUND THEM

DBHDS  
Virginia Department of Behavioral Health  
and Developmental Services

## Workshop

This 90-minute workshop will review emerging substance use trends in Virginia. Guidance will be shared for behavioral healthcare providers and other trusted adults in the lives of youth on how to talk to youth about substances with a focus on prevention messaging and how to educate both youth and adults about substance-related information.

## Speaker

*Patty Ferssizidis, PhD.*



9 July 2026



11:00 AM – 12:30 PM



Virtual



[Register](#)



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