

COLONIAL BEHAVIORAL HEALTH BOARD MEETING

DATE: September 6, 2022

PLACE: Colonial Behavioral Health, 473 McLaws Circle, Williamsburg, VA 23185

CALL TO ORDER: 4:00 p.m.

BOARD MEMBERS PRESENT:

Ms. Sheri Newcomb – York County
Ms. Hazel Braxton- Williamsburg
Mr. John Collins- York County
Mr. Reynaldo Carpio- York County
Ms. Wendy Evans- Williamsburg
Ms. Denise Kirschbaum-James City County
Ms. Kristen Nelson – York County
Ms. Erin Otis- James City County
Ms. Donyale Wells – James City County
Col. Roy Witham – James City County

BOARD MEMBERS ABSENT:

Ryan Ashe- James City County
Dr. Alfred Brassel- York County
Ms. Crystal Howser – Poquoson
Mr. Steven Miller- York County
Ms. Sherry Wharton – Poquoson

STAFF PRESENT:

Mr. David Coe
Ms. Linda Butler
Mr. Dan Longo
Ms. Marsha Obremski
Ms. Nancy Parsons
Ms. Ashleigh Cooke

GUESTS:

Karen Siracusa- League of
Women Voters

PUBLIC COMMENT:

There was no public comment, however Ms. Karen Siracusa entered the meeting at approximately 4:15 p.m.; no introduction was made.

CONSENT CALENDAR:

The Consent Calendar was presented for approval of the following minutes:

- Board Meeting of August 2, 2022

Ms. Hazel Braxton motioned to approve the meeting minutes listed above as presented. The motion was seconded by Mr. John Collins and passed unanimously.

The following questions were not on the consent agenda, but were presented to the Board by Mr. David Coe:

- Q1: Would the Board like to resume monthly meetings at 473 McLaws Circle?
Q2: Would the Board like to make masks optional during meetings?

Ms. Hazel Braxton motioned to move meetings back to 473 McLaws; the motion was seconded by Mr. John Collins and passed unanimously.

Mr. John Collins motioned to make masks optional during Board of Directors meetings, effective immediately. Ms. Hazel Braxton seconded the motion and passed unanimously.

Presentation: ACT Services- Theresa Pritchard:

Ms. Theresa Pritchard, ACT Coordinator, presented a PowerPoint on the ACT Program. Discussion.

Action Items:

- **Action Item A-1- 2023 Legislative Priorities:**

Board members inquired about why the Conference Committee referenced in the Background information presented did not include funding for CSB's as anticipated. Per David, the Committee did not feel they had enough information from CSB's about what was needed; there was enough information to show there was a problem, but not enough to show solutions.

Board members also inquired about whether or not we have a lobbyist; per Mr. Coe, we do.

Board members inquired about start-up costs vs. ongoing costs for the Crisis Continuum Expansion; the question was asked if funding will be available from the state on an ongoing basis. Mr. Coe is hopeful that funding will be ongoing, once available.

Board members also inquired about why the Crisis Center Expansion is only a 23-hour program, vs. 24-hours. Mr. Coe explained that we are not able to maintain anything past 23 hours; as it would require residential licensure (which we do not have).

Mr. Coe proposed that the Board take on the 3 Legislative Priorities, as presented. Ms. Wendy Evans made a motion to approve the "Suggested Action" in the Board packet, Ms. Hazel Braxton seconded the motion; it was passed unanimously.

Executive Director's Report:

The Executive Directors Report was provided in writing and distributed to Board Members. Discussion.

The following items were also presented in addition to written report:

- Board Members were reminded of the group home tour scheduled for September 28th. They were provided with details regarding transportation to the group home.

Adjournment:

Ms. Denise Kirschbaum made a motion to adjourn, seconded by Mr. John Collins. The motion passed unanimously. The meeting adjourned at 5:04 p.m. The next meeting is scheduled for 4:00 p.m. on October 4th.



Ms. Sheri Newcomb, Vice-Chair



Hazel Braxton, Secretary

Colonial Behavioral Health Board of Directors Meeting

September 6, 2022, 4:00 P.M.

AGENDA

- I. Welcome and Call to Order
- II. Public Comment
- III. Consent Calendar:
 - Please consider approval of the following meeting minutes:
 - August 2, 2022, Board of Directors Meeting
- IV. Presentation- ACT Services- Theresa Pritchard, CBH ACT Coordinator
- V. Action Item(s):
 - A-1: Proposed Legislative Priorities for 2023 General Assembly Session- *D. Coe*
- VI. Executive Director's Report- *D. Coe*
- VII. Adjourn

COLONIAL BEHAVIORAL HEALTH BOARD MEETING

DATE: August 2, 2022

PLACE: Colonial Behavioral Health, 1657 Merrimac Trail, Williamsburg, VA 23185

CALL TO ORDER: 4:03 p.m.

BOARD MEMBERS PRESENT:

Dr. Alfred Brassel- York County
Ms. Sheri Newcomb – York County
Mr. Ryan Ashe- James City County
Ms. Hazel Braxton- Williamsburg
Mr. John Collins- York County
Mr. Reynaldo Carpio- York County
Ms. Wendy Evans- Williamsburg
Mr. Steven Miller- York County
Ms. Kristen Nelson – York County
Ms. Donyale Wells – James City County

BOARD MEMBERS ABSENT:

Ms. Crystal Howser – Poquoson
Ms. Sherry Wharton – Poquoson
Col. Roy Witham – James City County

STAFF PRESENT:

Mr. David Coe
Ms. Linda Butler
Mr. Dan Longo
Ms. Marsha Obremski
Ms. Nancy Parsons
Ms. Chaenn Thomas

GUESTS:

Pat Evers- League of Women
Voters

PUBLIC COMMENT:

Pat Evers was introduced as an observer representing the League of Women Voters. Dr. Brassel welcomed her to the meeting.

CONSENT CALENDAR:

The Consent Calendar was presented for approval of the following minutes:

- Services & Evaluation Committee Meeting of May 25, 2022
- Board Meeting of June 7, 2022
- Executive Committee Meeting of July 19, 2022

Mr. Ashe motioned to approve the meeting minutes listed above as presented. The motion was seconded by Steven Miller and passed unanimously.

The following items were moved from the consent calendar to the regular calendar:

1. Fiscal Year 2023 Performance Contract Amendment
2. Staff Retirement Resolutions

Action Items:

- **Action Item A-1- Fiscal Year 2023 Performance Contract Amendment:**

Board members inquired about the timeline for approval. CBH Board approval was needed in time to allow submission by 8/31, but being in the second year of the biennium, local government is not asked to approve the amendment. The FY 2024 contract (next year) will involve both CBH and the localities.

Board members requested that the finalized contract be distributed to them upon completion. I stated that we would be happy to do so.

Ryan Ashe made a motion to approve the FY 2023 Performance Contract Amendment, with a second by Hazel Braxton. The motion carried unanimously.

- **Action Item A-2- Staff Retirement Resolutions:**

Board members inquired about whether approval could be provided that would cover future retirements in a way not requiring the Board to consider each one individually. I directed members to the language of the suggested action, which would have that effect.

With the understanding that the motion could include future retirements as well, John Collins made a motion to approve the "Suggested Action" in the Board packet, with the motion seconded by Ryan Ashe.

Other Board Discussion:

- **September Board Meeting Date:**

Board consensus was to hold the meeting on 9/6 (no change).

- **Facility Tour Schedule:**

Schedule was discussed. No changes were made or suggested, but it was shared that Board members unable to attend any individual tour can contact Ashleigh to request a second opportunity.

Committee and Legislative Appointments:

Distributed and accepted with no discussion. Dr. Brassel asked members to stay and quickly convene committees at the conclusion of the full Board meeting to make initial arrangements around scheduling, etc.

Executive Director's Report:

The Executive Directors Report was provided in writing and distributed to Board Members. Discussion. The following items were also presented in addition to written report:

- Shared new organizational chart with Board. Discussion was held around how new structure aids with project management. New structure to be implemented 9/6/22.
- Human Resources will provide a monthly Board update on CBH vacancies and recruitment efforts during the current workforce crisis.
- Shared that the Williamsburg Health Foundation gathered Virginia CSB financial information from 2016 and has offered to support CBH in advocacy efforts in those areas appropriate for the Foundation's mission. It is unclear how the work to date will support advocacy, but the ability to see the WHF as a potential advocacy partner is very encouraging. Rey Carpio asked to receive a copy of the Foundation's spreadsheet, and it was agreed it would be provided.
- The new 988 system was discussed. There are high hopes that crisis intervention for persons in distress can be improved and is off to a good start, but the system is not yet fully capable to meet all community needs due to current geo-location issues, etc.

Adjournment:

Steven Miller made a motion to adjourn, seconded by Ryan Ashe and John Collins. The motion passed unanimously. The meeting adjourned at 5:34 p.m. The next meeting is scheduled for 4:00 p.m. on September 6th.

Action Item A-1

CBH Legislative Priorities 2023 Virginia General Assembly Session

Background

Colonial Behavioral Health annually adopts Legislative Priorities for the upcoming session of the Virginia General Assembly. Those priorities are used as the basis for discussions between Legislative Team members and their assigned Senator or Delegate.

Each priority requires a few “talking points” to help guide us toward a consistent message. These talking points are approved by the Public Awareness Committee before earnest conversations with legislators begin.

Typically, we would have had the Public Awareness Committee review these proposed priorities prior to submission to the full Board; however, the Committee was unable to meet during August due to a quorum issue. The magnitude of the proposed Crisis Services priority indicates the need for an “early start” this year.

Therefore, the following caveats are offered related to the proposed priorities:

1. Workforce – this is a continuation of last year’s priority with a specific example of how Virginia needs to support community-based services in the CSB system;
2. Crisis Continuum Expansion – we see this effort as being transformative for our communities in terms of behavioral health crisis response for CBH, law enforcement, hospitals/emergency rooms, and especially individuals and families. *We request approval to begin proceeding with advocacy efforts while committing to provide the Board with an overview of the plan at the October Board meeting; and*
3. Consolidated Williamsburg Campus – This is simply a continuation of our priority that has been in place since the 2017 session.

NOTE: Our community is beginning to discuss the creation of a Behavioral Health Court docket to divert individuals with behavioral health conditions to treatment instead of the criminal justice system. Depending on how quickly those discussions proceed, the Board may be asked to add a 4th priority to our list later this year.

Requested Action

That the Board approve the draft Legislative Priorities as submitted and instruct the Executive Director to begin preparing talking points and materials to be used in meetings with legislators.

CBH LEGISLATIVE PRIORITIES 2023 Session

PRIORITY – WORKFORCE

1. It is important that Virginia demonstrate the same commitment to the community-based MH/SUD/DD system as to the facility system. These two arms of the same system are intertwined to have an effective statewide safety net. Workforce issues have had detrimental impacts to both community-based and facility-based services.
2. In the 2022 Session, the Senate approved \$37.8 million for CSB staff compensation, while the House approved \$25.5 million. The Conference Committee Report included \$0.00. We believe corrective action is needed to remedy this problem.
3. We request the same level of funding for staff recruitment and retention efforts that DBHDS received for state hospital employees.

PRIORITY – CRISIS CONTINUUM EXPANSION

1. CBH, in partnership with Riverside Doctor's Hospital Williamsburg (RDHW), has successfully operated the Colonial CITAC since September 2014. The program and its' representatives have won both state and local awards since that time and has been recognized on multiple occasions by DBHDS for its accomplishments.
2. Plans for a major expansion of (primarily adult) crisis service operations have been developed in response to a request for the plan by DBHDS. Since that time, DBHDS has stated they have no funding to support the effort, which will require an initial investment of between \$2.5 and \$3.0 million and major renovations to Building 1 on our Merrimac campus. Ongoing funding will also be needed to sustain operations.
3. We are convinced that these services (Crisis Receiving Center, 23-hour stabilization with calming spaces, etc.) will help relieve pressure on the RDHW and SWRMC emergency rooms and further reduce rates of admission to inpatient psychiatric facilities.

PRIORITY – CONSOLIDATED WILLIAMSBURG CAMPUS

1. CBH has consistently communicated our vision for a consolidated Williamsburg-area campus for 15 years – on surplus property from the previous ESH facility.
2. We are pleased to see progress in the sale of the property to a developer and will be initiating a planning process for the new campus soon.
3. For this to become reality, the budget amendment from the previous biennium needs to be remain in the enacted budget.

COLONIAL BEHAVIORAL HEALTH
Executive Director's Report – September 2022

Agency Issues

1. We are happy to announce that all CBH Leadership vacancies to date have been filled with internal candidates. We believe we have a very solid team equipped to lead us into the next generation of challenges and opportunities for our community.
2. Our SUD Intensive Outpatient Program (IOP) will be reviewed by CARF (Council for Accreditation of Rehabilitation Facilities) from September 12-14. These accreditation renewals are required every 3 years.
3. The temporary consolidation of our DD group home population took place in mid-May due to staff shortages. We have not been successful to date in reversing this trend but are taking actions that we hope will result in better recruitment success.
4. A Recruitment Report from Chaenn Thomas (HR Director) is attached to this report.
5. CBH was initially invited to develop a proposal for a significant expansion of our Crisis Services continuum. This proposal would create a Crisis Receiving Center, 23-hour crisis stabilization beds and lay the foundation for a Mobile Crisis Team. We have developed this proposal now and it is ready for submission. While DBHDS has indicated that there is no funding for this effort today, we believe it is important enough to our community to propose it as a 2023 Legislative Priority.

Community Issues

1. Brief interviews held with two local radio stations during August. A brief interview on WMBG 93.5 FM ("The Burg") will air 9/26 at 2:30 PM, while the airing schedule for Tide Radio (92.3 and 107.9 FM) is not yet known. The interview on Tide Radio will focus on September as Suicide Awareness/Prevention Month.
2. While we are still excited about the reports of progress related to the Eastern State surplus property, there are no updates yet available.
3. We hope to harness some recent community energy to advocate for the creation of a local behavioral health court docket. We have periodically approached this issue with no success in the past but welcome a broader grassroots approach to the issue now.
4. We are proceeding with plans for our 50th Anniversary Celebration for December 6th.

Regional Issues

1. ESH has selected Daniel Herr as its new Facility Director. This is an exciting development for us all, as Daniel has long been known to be a terrific partner and effective leader in our field. He began this new role on August 25th.

Public Policy

1. Meetings with state legislators will be in order as soon as we have finalized talking points for our 2023 Legislative Priorities. It is likely that our most effective strategy will be to hold individual meetings rather than host a separate event (especially in view of the 12/6 event already scheduled).
2. I am honored to be selected to provide an overview of CSB systems and challenges to staff of the Virginia House Appropriations Committee (HAC) on the morning of September 6th. HAC staff will come to Williamsburg for this meeting.

Respectfully submitted,
David A. Coe

Human Resources Recruitment Update

08/01/2022-09/06/22

The agency filled ten (10) vacancies with external applicants and three (3) vacancies with internal applicants for a total of thirteen (13) hires during the period of August 1, 2022 - September 6, 2022. Included in those hires were some of the more challenging positions to recruit such as Case Managers, Direct Support Professionals (DSP's) in DD Day Support Services and a Licensed Therapist for Adult Outpatient Services (AOP). CBH continues to aggressively recruit Licensed Therapist, Emergency Services Specialist and Direct Support Professional positions (for the DD Residential Services program).

Recruitment efforts include attending job fairs and Back to School events at colleges and universities. We are also planning to further automate our recruitment and onboarding processes to improve the efficiency of those functions.