

# Colonial Behavioral Health's FY2021 Annual Report



## Leadership Team

**David A. Coe**, *Executive Director*  
**Keith German**, *Director of Administrative Services*  
**Dan A. Longo**, *Director of Behavioral Services*  
**Marsha Obremski**, *Director of Child & Adolescent Services*  
**Nancy Shackelford**, *Director of Human Resources*  
**Deborah Townsend-Pittman**, *Director of Rehabilitative Services*  
**Kari G. Traver**, *Director of Information Services*

# Reach of Services

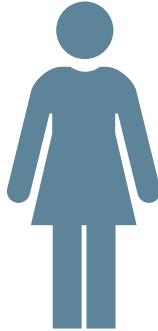
# 3,923

community members received services



746

children & adolescents  
(ages 0-17)



2,596

adults  
(ages 18-59)



581

geriatric  
(ages 60+)

# 96,643\*

total interactions between CBH staff and individuals, families and groups served

# 52,644\*

total number of individual, family, and group appointments

# 255

individuals received developmental disability services

# 2,224

individuals received emergency or other services

# 1,737

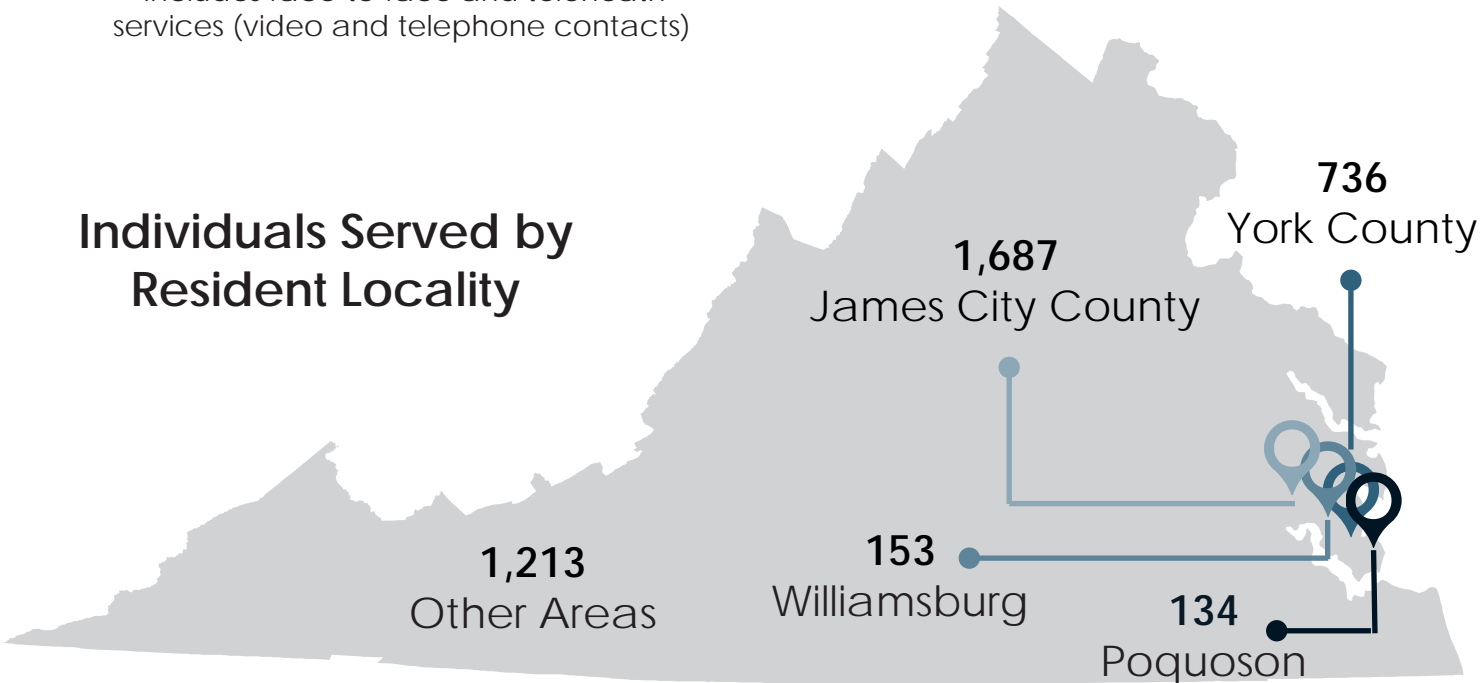
individuals received mental health services

# 472

individuals received substance use disorder services

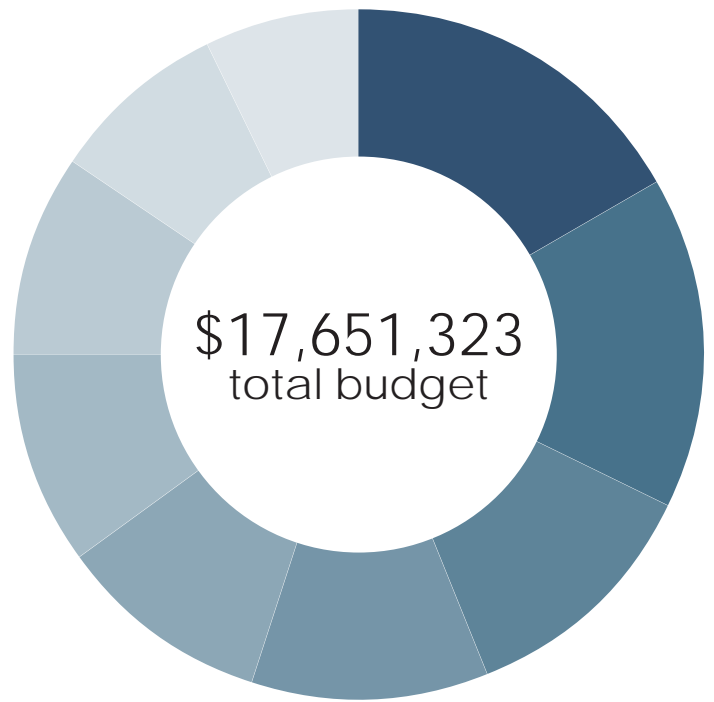
\* Includes face-to-face and telehealth services (video and telephone contacts)

## Individuals Served by Resident Locality

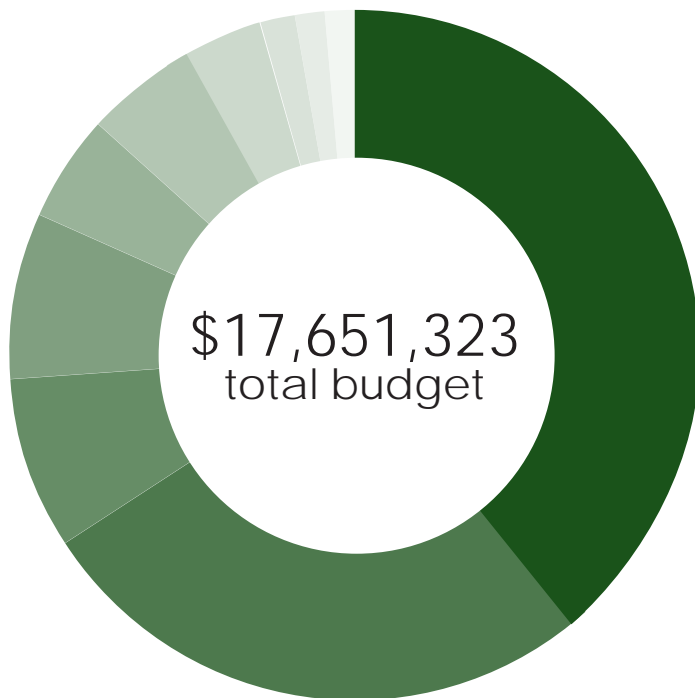


# Spending

- *Child & Adolescent Services* \$2,879,266
- *Community Support* \$2,544,655
- *Adult Outpatient Services* \$2,222,554
- *Day Support* \$1,839,483
- *Residential Services* \$1,814,230
- *Emergency Services* \$1,748,335
- *Medical Services* \$1,691,175
- *Administrative* \$1,574,331
- *Program of Assertive Community Treatment* \$1,337,294



# Revenue



- *State Funding* \$7,035,731
- *Medicaid* \$4,630,160
- *James City County* \$1,732,000
- *Fees* \$1,397,420
- *York County* \$869,000
- *Federal Funding* \$771,588
- *Williamsburg Health Foundation* \$498,000
- *Other Grants and Revenue* \$268,424
- *City of Williamsburg* \$259,000
- *City of Poquoson* \$190,000

Due to unprecedented scenarios, the CBH Board of Directors approved the extension of the Fiscal Year 2020 budget through the end of Fiscal Year 2021.

# Executive Director's and Chairman's Message



David A. Coe

Fiscal Year 2021 was not the year we expected. We had hoped for the COVID-19 pandemic to fade out and have our world return to "normal." We hoped to be able to celebrate our 50th Anniversary with a large community event. We hoped that some long-term strategic initiatives would come to reality in that year. We hoped . . .

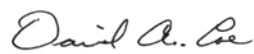
The reality of Fiscal Year 2021 was that COVID was far from ready to release us, that we would have to wait to celebrate 50 years of community service, and that long-term initiatives don't always resolve on a strict timeline. We also learned that many of the lessons learned during the stressful early days of the pandemic were actually helpful in future planning. We learned . . .

The new service methodologies, technologies and facility needs initiated at the outset of the pandemic became central to our core operational plans. We consolidated office locations as the beginning of a new work reality that will remain for years to come. We began to adjust our approaches to administrative functions. We experienced the beginning of changes in our senior agency leadership as the result of long tenures. We adjusted our approach to agency governance. We changed . . .

Entering Fiscal Year 2022, we don't know what direction the pandemic will take, and what timetable we may face moving forward with long-held plans for the future. We still want to celebrate 50 years with you, even if it may come a year late. Our future plans remain in place. The foundations laid over the past several years remain in place and are more than sufficient to support an exciting future. So no matter what circumstances face us all in Fiscal Year 2022, we will continue to hope, to learn and to change.



Dr. Alfred Brassel, Jr.



David A. Coe  
Executive Director



Dr. Alfred Brassel, Jr.  
Board Chair

## 2021 Board of Directors

### Officers

Dr. Alfred Brassel, Jr., **Chair**, York County  
John Kuplinski, **Vice Chair**, James City County  
Rebecca Vinroot, **Treasurer**, James City County  
Dr. Baljit Gill, **Secretary**, York County  
Hazel Braxton, **Member at-large**, City of Williamsburg

### Members

Ryan Ashe, James City County  
Teresa Christin, James City County  
June Hagee, James City County  
Cynthia Spitzer, City of Poquoson  
Sherry Wharton, City of Poquoson  
Wendy Evans, City of Williamsburg  
Bruce Keener, York County  
Kristen Nelson, York County  
Sheri Newcomb, York County  
Talbot Vivian, York County



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