



Tuesday, Sept. 10

11:30 a.m. - 1 p.m.

Peninsula Agency on Aging

Williamsburg Office

4551 John Tyler Hwy., Ste.101

Williamsburg, VA 23185

Sept. 10 - Holistic Treatment for Memory Loss.

From music therapy to sensory stimulation and more, memory care experts are turning to holistic treatments to engage and encourage well-being for those with Alzheimer's disease and other forms of memory loss. Holistic treatments allow for fewer prescription medications, treat physical and emotional symptoms and customize easily for personal preferences.

Join us to learn more about the benefits of holistic treatments. We'll share with you how to engage your loved one with therapies at home and get the most out of holistic treatments.

Presenter: Alethea Dillow - Commonwealth Senior Living

Lunch Sponsor



Welcome Home

For more information, contact Peninsula Agency on Aging at (757) 345-6277.

The Williamsburg Family Caregiver Lunch & Learn Series is offered through a collaborative partnership between:

