#### **CIT Program History**

The Colonial Area Crisis Intervention
Team was founded in 2012 under a
grant from the Virginia Department of
Behavioral Health & Developmental
Services (DBHDS). This grant enabled the
CIT to forge necessary partnerships to
offer training to local law enforcement
officers.

CIT-trained individuals know the signs of behavioral health crises as well as pivotal de-escalation techniques.

Since inception the program has trained numerous Officers and first responders from a wide range of local and regional agencies.

Another DBHDS grant awarded in 2014 enabled Colonial Behavioral Health and Riverside Doctors' Hospital Williamsburg to develop and open the Colonial Area Crisis Intervention Team Assessment Center (CITAC); a subsequent grant in 2015 enabled expansion of the center's operating hours.

With the center now open, law enforcement officers in CBH's catchment area may bring individuals experiencing behavioral health crises to CITAC for assessment and care.



CITAC is a partnership among
Colonial Behavioral Health,
Riverside Doctors' Hospital
Williamsburg and the law
enforcement agencies of James
City County, City of Poquoson,
City of Williamsburg, York
County and the College of
William & Mary.







## CITAC

Colonial Area
Crisis Intervention Team
Assessment Center

1500 Commonwealth Avenue Williamsburg, VA 23185

CITAC is located inside the Emergency Department at Riverside Doctors' Hospital Williamsburg

Phone: 757-378-5555

Fax: 757-253-4118

Officers, please call to arrange for services at CITAC

www.ColonialBehavioralHealth.org

Serving James City County, City of Poquoson, City of Williamsburg and York County

#### What is CITAC?

The Colonial Area Crisis Intervention
Team Assessment Center (CITAC) is
an incarceration diversion program
designed to support law enforcement
officers who encounter individuals
experiencing behavioral health crises.

Officers who encounter an individual in crisis are able to transport the individual to CITAC, which is housed inside the Emergency Department at Riverside Doctors' Hospital Williamsburg (RDHW). Transporting the individuals to CITAC allows trained medical and behavioral health staff to evaluate the individual's needs and proceed with appropriate care.

Prior to CITAC's inception, placing an individual under an Emergency Custody Order meant law enforcement officers could expect to spend up to eight hours waiting in a hospital.

Now, a CITAC officer is in place to accept a transfer of custody, enabling officers to leave the hospital and respond to other calls.

CITAC is available daily.

Within CITAC, Colonial Behavioral Health Emergency Services staff, a Conservator of the Peace and the RDHW medical staff stand ready and waiting to assist law enforcement officers.

As an on-duty law enforcement officer, if you encounter an individual in crisis, call **757-378-5555**. If CITAC is open, you will be directed there, and the CITAC team will be alerted to your impending arrival.

When you arrive at RDHW, the team will be ready, and the CITAC officer will discuss the process of transferring custody.

For the individual being transported to CITAC, the medical and CBH staff will be prepared to complete assessments in an effort to determine the best course for care.

If a Temporary Detention Order is required, the originating law enforcement agency will be contacted to send an officer back to CITAC to transport the individual.

We recognize the importance of facilitating a quick and easy transition at CITAC, and will make every effort to minimize the amount of time law enforcement officers spend on site.

#### **How CITAC Works**

### Step 1: Call 757-378-5555 while in the field

Colonial Behavioral Health Crisis Services is on-call **24/7**. Call us as soon as you encounter someone in crisis to consult with us. The on-call service provider will let you know if CITAC is available.

# Step 2: After you have been advised an assessment is necessary;

CITAC is available daily. If you are directed to CITAC, go to the Emergency Department at Riverside Doctors' Hospital Williamsburg.

## Step 3: CITAC will be ready for your arrival

When you arrive at the ambulance entrance at RHDW, a room will be ready for the individual and the team will be on standby. The CITAC officer will consult with you and discuss a transfer of custody or available treatment options.