

COLONIAL BEHAVIORAL HEALTH BOARD MEETING

TIME: 4:00 p.m.

DATE: February 2, 2021

Dr. Alfred Brassel, Chairman, called the meeting to order. For the record, this is a meeting of the CBH Board of Directors, being held via electronic means. This action was taken because of the health emergency resulting from the Coronavirus pandemic, making an assembly of the board and staff and members of the public in one place unsafe because of the highly contagious nature of the coronavirus pandemic.

BOARD MEMBERS PRESENT:

Dr. Alfred Brassel - York County
Mr. John Kuplinski – James City County
Ms. Rebecca Vinroot - James City County
Mr. Ryan Ashe - James City County
Ms. June Hagee - James City County
Mr. Talbot Vivian - York County
Ms. Kristen Nelson - York County
Mr. Bruce Keener - York County
Ms. Hazel Braxton - Williamsburg
Ms. Terry Christin - James City County
Dr. Baljit Gill - York County

STAFF PRESENT:

Mr. David Coe
Dr. Dan Longo
Ms. Debbie-Townsend-Pittman
Ms. Marsha Obremski
Ms. Nancy Shackleford
Mr. Keith German
Ms. Anita Michalec
Ms. Kari Traver
Mr. Will Armstrong

BOARD MEMBERS ABSENT:

Ms. Cindy Spitzer - Poquoson
Ms. Wendy Evans - Williamsburg
Ms. Sherry Newcomb - York County
Ms. Sherry Wharton - Poquoson

PUBLIC COMMENT:

None.

CONSENT CALENDAR:

The Consent Calendar was presented for approval of the following minutes:

1. Board of Directors Meeting of January 5, 2021
2. Executive Committee Meeting of January 19, 2021
3. Administration Committee Meeting of January 19, 2021
4. Public Awareness Committee Meeting of January 20, 2021

Ms. Braxton motioned to approve the items on the Consent Calendar as presented. The motion was seconded. On a roll call vote, the vote was AYE: 11, NAY: 0.

MARCUS ALERT: D. Longo/W. Armstrong

Dr. Dan Longo, Director of Behavioral Health and Mr. Will Armstrong, Emergency Services Coordinator provided a power point presentation on the Marcus Alert System. The Marcus Alert is a measure that will establish a statewide mental health awareness response and community understanding service. The measure also promotes a behavioral response to individuals in crisis and limits the role of law enforcement. Dr. Longo and Mr. Armstrong provided further details and the complexities involved concerning this newly signed legislation. Discussion.

EXECUTIVE DIRECTOR'S REPORT:

The Executive Directors Report was provided in writing and distributed to Board Members.

Mr. Coe reported that CBH has been able to secure the COVID-19 vaccine for CBH staff. Mr. Coe stated that approximately 50% of staff have received the first dose and the second round of injections will be scheduled within the next few weeks. It was also noted that Genoa is scheduled to be a distributor of the COVID vaccine. However, there has been no notification as to exactly when it will be received. Discussion.

A list of budget amendments recommended for support were distributed. Mr. Coe provided further details regarding the amendments and Board support was encouraged. Mr. Coe also reported that Senate Bill 1304 had been amended and it was improved, although not to the extent desired. He noted that if a workable process is not finalized this year with DBHDS, the agency may be seeking additional legislative support. Discussion.

There being no further business to discuss, the meeting adjourned at 5:32 p.m.


Dr. Alfred Brassel, Chair


Dr. Baljit Gill, Secretary

AGENDA

COLONIAL BEHAVIORAL HEALTH

BOARD MEETING

February 2, 2021

4:00 P.M.

- I. Welcome and Call to Order
- II. Public Comment
- III. Consent Calendar
Approval of Minutes – Consider approval of the following meeting minutes:
 - Board of Directors Meeting of January 5, 2021
 - Executive Committee Meeting of January 19, 2021
 - Administration Committee Meeting of January 19, 2021
 - Public Awareness Committee Meeting of January 20, 2021
- IV. Presentation: Marcus Alert - D. Longo/W. Armstrong
- V. Executive Director's Report - *D. Coe*
- VI. Adjourn

The mission of Colonial Behavioral Health, the local Community Services Board, is to facilitate opportunities for recovery, resilience and wellness to individuals and families affected by mental illness, intellectual disabilities and substance use disorders. Through an array of strategies and collaborative partnerships with local and regional providers, CBH will demonstrate a commitment to quality assessment, prevention, treatment, and habilitation through best practice methodology for the citizens of James City County, City of Poquoson, City of Williamsburg and York County.

COLONIAL BEHAVIORAL HEALTH BOARD MEETING

TIME: 4:00 p.m.

DATE: January 5, 2021

Dr. Alfred Brassel, Chairman, called the meeting to order. For the record, this is a meeting of the CBH Board of Directors, being held via electronic means. This action was taken because of the health emergency resulting from the Coronavirus pandemic, making an assembly of the board and staff and members of the public in one place unsafe because of the highly contagious nature of the coronavirus pandemic.

BOARD MEMBERS PRESENT:

Dr. Alfred Brassel - York County
Mr. John Kuplinski – York County
Ms. Rebecca Vinroot - James City County
Ms. Sherry Wharton - Poquoson
Ms. June Hagee – James City County
Ms. Sheri Newcomb - York County
Ms. Kristen Nelson – York County
Mr. Bruce Keener - York County
Ms. Hazel Braxton – Williamsburg
Ms. Wendy Evans – Williamsburg
Dr. Baljit Gill – York County
Mr. Ryan Ashe – James City County
Mr. Talbot Vivian – York County

STAFF PRESENT:

Mr. David Coe
Dr. Dan Longo
Ms. Debbie-Townsend-Pittman
Ms. Marsha Obremski
Ms. Nancy Shackleford
Mr. Keith German
Ms. Anita Michalec
Mr. Dave Fuss
Ms. Leigh Carroll-Stump

BOARD MEMBERS ABSENT:

Ms. Cindy Spitzer - Poquoson
Ms. Terry Christin – James City County

PUBLIC COMMENT:

None.

CONSENT CALENDAR:

The Consent Calendar was presented for approval of the following minutes:

1. Board of Directors Meeting of December 1, 2020
2. Services & Evaluation Committee Meeting of November 25, 2020

Mr. Kuplinski motioned to approve the items on the Consent Calendar as presented. The motion was seconded by Ms. Braxton. On a roll call vote, the vote was AYE: 13, NAY: 0.

Action Item A-1 was presented to the CBH Board of Directors for acceptance of the FY 2020 Audit Report as submitted by the auditing firm of Robinson, Farmer Cox Associates. The reports were reviewed, and Mr. German highlighted various components of the information provided. Discussion.

Ms. Braxton motioned to accept the CBH FY 2020 Audit Report as submitted by the auditing firm of Robinson, Farmer Cox Associates. The motion was seconded by Mr. Vivian. On a roll call vote, the vote was AYE: 13, NAY 0.

Action Item A-2 was presented for approval of the revised fees schedules and sliding scale percentages. CBH implements fees to maximize revenue and make provisions such that service is not denied solely due to inability to pay. CBH is a provider for many third-party payers, including most managed care organizations making up the Virginia Medicaid network. CBH attempts to maintain its schedule of fees consistent with market-based allowances these payers use to determine provider payments. Periodic increases in fees are necessary to maintain this consistency. Discussion.

Dr. Gill motioned to approve the revisions to the schedules of fees and of sliding scale percentages as presented. The motion was seconded by Ms. Braxton. On a roll call vote, the vote was AYE: 13, NAY: 0.

CBH 50th ANNIVERSARY: L. Carroll-Stump

Ms. Leigh Carroll-Stump, Development & Communication Manager, provided an update regarding the CBH 50th Anniversary Marketing Plan. Plans include an agency video, news articles, print advertisement and an anniversary logo. In addition, 50th Anniversary lapel pins have been designed and will be distributed to CBH Board members and staff. Discussion.

INTEGRATED CARE COMMITTEE UPDATE: D. Coe/A. Brassel/J. Kuplinski/B. Keener/S. Wharton

Mr. Coe reported that the local Integrated Care Committee met December 16, 2020. Mr. Coe provided an update from the meeting and noted that the committee is still in a fact-finding process. Mr. Coe reported that informational requests between the two organizations were exchanged with a January 18 deadline for submission. Discussion.

EXECUTIVE DIRECTOR'S REPORT:

The Executive Directors Report was provided in writing and distributed to Board Members.

Mr. Coe reported that CBH is experiencing an increase in staff and consumers being exposed to COVID-19 and/or testing positive. Mr. Coe stated that People's Place (Psychosocial Rehabilitation Services) has returned to telephonic only service delivery. In-person services within the program may resume as soon as it is deemed safe.

Mr. Coe provided an update on the Governor's budget and issues related to legislative proposals being put forward by the Virginia administration that may need to be addressed in the upcoming session. A handout outlining these issues was distributed and reviewed. Discussion.

There being no further business to discuss, the meeting adjourned at 5:27 p.m.

Alfred Z. Brassel, Jr.
Dr. Alfred Brassel, Chair

Baljit S. Gill, MD
Dr. Baljit Gill, Secretary



Meeting Minutes

Minutes of : Executive Committee Meeting Date: January 19, 2021
--

Present: Dr. Brassel, John Kuplinski, Rebecca Vinroot, Hazel Braxton, David Coe, Keith German, Anita Michalec

Absent: Dr. Gill, Nancy Shackelford

1. Call to Order

The meeting was called to order at 4:03 p.m. Due to COVID-19, the meeting was conducted via Teams.

2. Old Business

None

3. New Business

Legislative Update

Mr. Coe provided an update related to the Governor's budget and issues related to legislative proposals being put forward that will require action in the upcoming session. One bill, Senate Bill 1304, requires more immediate action and will be presented to the Public Awareness Committee for review and input. Outcomes from the Committee and actions to be taken will be distributed. There will also be a series of support for other items as well but that will be further discussed at the February Board Meeting. Discussion.

Integrated Care Committee Update

Mr. Coe reported that the Committee met on January 14, 2021. Mr. Coe provided an overview from the meeting and noted that the information previously requested between the two organization had been exchanged. Discussion.

COVID Vaccine Update

Mr. Coe reported that CBH has been able to secure the COVID-19 vaccine for CBH staff. Staff are scheduled to receive injections Wednesday, January 20th and Friday, January 22nd, at the Peninsula Health Center. Mr. Coe reported that approximately 50% of CBH staff will be vaccinated and some staff have already received the vaccine elsewhere. Discussion.

Other Items from the Committee

Dr. Brassel commented that when possible; he would prefer in-person activities be scheduled to commemorate CBH's 50th Anniversary that would be open to Board members, staff, etc. Mr. Coe reiterated that the Public Awareness Committee has plans for a 50th Anniversary celebration when feasible.

4. Conclusions, Recommendations, Actions

5. Adjournment

The meeting adjourned at 4:46 p.m.

Submitted by: Anita Michalec

Next Meeting

Date: February 16, 2021

Time: 4:00 p.m.

Location: Teams Meeting



Meeting Minutes

Minutes of: Administration Committee Meeting

Date: January 19, 2021

Present: Dr. Alfred Brassel, John Kuplinski, Rebecca Vinroot, Hazel Braxton, David Coe, Keith German, Anita Michalec

Absent: Dr. Gill, Nancy Shackleford

1. Call to Order – The meeting was called to order at 4:47 p.m. Due to COVID-19, the meeting was conducted via Teams.
 2. New Business
December 31, 2020 Financial Report:
Mr. German presented and reviewed Financial reports. It was noted that so far, revenue and expenditures appear to be in line with the FY 2020 budget figures that were extended into FY 2021. Discussion.

FY 2022 Budget:
Mr. German provided information relating to the FY 2022 Budget. Local tax allocation requests have been sent to all jurisdictions; each was prepared consistent with discussion to replicate the FY 21 request. There is still uncertainty regarding state funding and it is anticipated that any definite numbers will not be received until March or late April. Discussion.
 3. Adjournment – The meeting adjourned at 5:02 p.m.
-

Submitted by: A. Michalec

Next Meeting

Date: February 16, 2021

Time: 4:00 p.m.

Location: Teams Meeting



Meeting Minutes

Minutes of : Public Awareness Committee Date: January 20, 2021

Present: June Hagee, Bruce Keener, Kristen Nelson, Sherry Warton, David Coe, Kari Traver, Leigh Carroll-Stump

Absent: Cindy Spitzer, Talbot Vivian

1. Call to Order

The meeting was called to order at 3:38 p.m. with June Hagee, Bruce Keener, Kristen Nelson, and Sherry Warton present. Due to COVID-19, the Public Awareness Committee Meeting was conducted via Microsoft Teams.

2. New Business

None.

3. Old Business

General Assembly Budget and Legislative Update

Mr. Coe shared with the committee a summary of Senate Bill 1304 regarding community services boards and discharge planning. Discussion centered on how the bill takes the discharge planning authority away from CSBs, but not the accountability, resulting in possible reduction in funding and loss of local budget control.

Mr. Coe noted that SB 1304 has been referred to the Committee on Education and Health, at which time it will be introduced and referred to sub-committee.

Committee members agreed to contact the Committee on Education and Health members and local legislators in opposition to the bill.

Ms. Hagee made a motion for Mr. Coe to draft an email to Board members inclusive of SB 1304 overview, talking points, legislative teams and timeline for communication with legislators. Mr. Coe to also draft an email for Dr. Brassel on behalf of the Board, to send to the Committee on Education and Health - all present in agreement.

50th Anniversary Celebration

Ms. Carroll-Stump, Development & Communication Manager, shared the following update: CBH 50th anniversary logo implemented across website/email signatures, lapel pin distribution to staff underway, and WyDaily/Tide radio marketing in development.

4. Conclusions, Recommendations, Actions

Ms. Carroll-Stump will draft an email to PAC members defining scope of agency video, who to interview etc. for discussion at next meeting.

Mr. Coe to draft an email to Board members and to the Committee on Education and Health regarding SB 1304.

5. Adjournment

The meeting was adjourned at 4:42 p.m.

Submitted by: Leigh Carroll-Stump

Next Meeting

Date: February 17, 2021

Time: 3:30 p.m.

Location: Virtual via Microsoft Teams

COLONIAL BEHAVIORAL HEALTH

Executive Director's Report – February 2021

Agency Issues

1. People's Place (Psychosocial Rehabilitation Services) was forced to return to telephonic-only service delivery due to increased risks from COVID-19 in December. Limited in-person services will resume as soon as it is deemed safe to do so.
2. Opportunities Unlimited (DD Day Services) was forced to close for 2 weeks due to COVID issues, with the plan currently in place to reopen on a limited basis on January 4, 2021.
3. With the increased utilization of telehealth and telework, CBH will be able to reduce the amount of square footage required to deliver and support services to our community. We have notified the owners of our intent to not renew the lease at 460 McLaws later in 2021. No services will be affected by this change.
4. CBH staff who chose to do so were vaccinated received their first dose of the Moderna COVID vaccine between January 20th -22nd. Second doses will be provided approximately four (4) weeks from the date of the first dose.
5. DD Residential staff are commended for their extraordinary work during the COVID outbreak that occurred in early-mid January. Those not required to isolate rose to the occasion and kept services going with no interruption of decrease of service quality. Coordinator Linda Butler and Manager Vivian Williams are particularly deserving of our recognition.

Community Issues

1. Prevention Services hosted a viewing of the film "Scattering CJ", followed by a discussion on depression and suicide facilitated by Heather Nickerson (CBH Lead Therapist – Child & Adolescent Services). The plan includes the provision of additional Youth and Adult MHFA (Mental Health First Aid) trainings in the weeks following the viewing of the film.
2. The fact-finding process for the community Integrated Care Committee is ongoing. The initial set of documents has been exchanged, with those documents focusing on governance. It is expected that financial data will be the next stage..

Regional Issues

1. Marcus Alert legislation has been passed to create mental health/law enforcement co-response models in every Virginia community by 2026. There will be at least one such model in place by the end of 2021, with at least one more by the end of 2022. Virginia Beach has agreed to be the first locality in our region to develop a local Marcus Alert program. We should know enough to make a presentation at the February Board meeting.

Public Policy

1. A list of proposed amendments to the Governor's Budget is attached to this report.
2. Thanks so much for your response in advocating for the defeat of Senate Bill 1304. The bill is still being considered in the Senate Education and Health Committee at the time of this report.

Respectfully submitted,
David A. Coe

BUDGET AMENDMENTS RECOMMENDED FOR SUPPORT		
BUDGET ITEM	PATRON	DESCRIPTION
295 #1s 295 #4s 295 #1h	Deeds Barker Carr	This amendment restores funding for the Behavioral Health Loan Repayment Program (removed from the approved Budget during the COVID pandemic) in order to increase the number of Virginia behavioral health practitioners by way of an educational loan repayment incentive that complements and coordinates with existing efforts to recruit and retain Virginia behavioral health practitioners. The program would allow for a variety of behavioral health practitioners to receive a student loan repayment award from the Commonwealth in exchange for providing service to Virginia communities that are otherwise underserved. Practitioners would receive loan repayment for up to 25 percent of student loan debt for each year of health care service provided to the Commonwealth. Maximum loan repayment amounts per year are dependent upon the type of behavioral health professional applying and shall not exceed the total student loan debt. Participating practitioners will have an initial two-year minimum participation obligation and may renew for a third and fourth year. Senator Deeds and Delegate Carr both call for \$1.6 million in each year, with Senator Barker calling for \$2.25 in the second year.
313 #6s	Barker	This amendment provides \$69.7 million from the general fund each year and matching federal Medicaid funding to increase the number of Developmental Disability Waiver program slots by a total of 2,109 slots over the biennium. This funding will address the Priority 1 waiting list.
313 #29h	Sickles	Adds \$7.0 million for 425 new DD waiver slots in the second year of the biennium.
313 #22s 313 #14h	Lucas Hope	Provides \$35.0 million in Medicaid Retainer payments for Providers of DD Group Day Medicaid Waiver Services during the COVID pandemic. Funding is for the first year of the biennium.
313 #7h	Hope	Provides \$45.0 million in Medicaid Retainer payments for Providers of DD In-Home Support and Supported Employment Medicaid Waiver Services during the COVID pandemic. Funding is for the first year of the biennium.
313 #24s	Barker	Adds \$35 million to rebase DD Medicaid Waiver provider rates. First year of the biennium.
321 #2s 321 #1h	Favola Reid	Eliminates proposed transfer of LIPOS (Local Inpatient Purchase of Service) funds from CSBs to the DBHDS Central Office. Reduction of \$8.8 million offset by next item.
322 #2s 322 #4h	Favola Reid	Restores LIPOS funding to CSBs. Adds \$8.8 million to CSBs to offset previous item.
322 #3s	Boysko	Provides an additional \$3.0 million in the second year of the biennium for implementation of the Marcus Alert Crisis Response System (co-response between law enforcement and behavioral health).
322 #1h	Hudson	This amendment restores \$9.3 million in the second year of the biennium from the general fund to the base budget for Community Services Boards (CSBs) that had been reduced as a result of Medicaid expansion. there are still individuals that CSBs serve that do not qualify for Medicaid expansion.

BUDGET AMENDMENTS RECOMMENDED FOR SUPPORT		
BUDGET ITEM	PATRON	DESCRIPTION
313 #2h	Carr	Language would include Applied Behavioral Analysis (ABA) services in services covered by Medicaid.
313 #11h	Sickles	Language would make current flexibility for DD Waiver services to be permanent. This would affect telehealth and virtual service delivery methods. It would not mandate these methods, but would authorize them.
479 #4h	Freitas	Language would mandate that 25% of any tax revenues resulting from legalized sale of marijuana would be directed to support addiction recovery supports.



YEAR TO DATE REVENUES AND EXPENDITURES
as of
December 31, 2020

REVENUE

CATEGORY	TOTAL BUDGET	RECEIVED YTD	BUDGET YTD	% RECEIVED	BALANCE
State	\$ 7,807,322	\$ 4,691,581	\$ 3,903,661	120%	\$ 787,920
Local	\$ 3,050,000	1,540,500	1,525,000	101%	\$ 15,500
Fees	\$ 6,027,580	2,606,893	3,013,790	86%	\$ (406,897)
Grants/Other	\$ 766,421	273,549	383,211	71%	\$ (109,662)
Total Revenue	\$ 17,651,323	\$ 9,112,523	\$ 8,825,662	103%	\$ 286,862

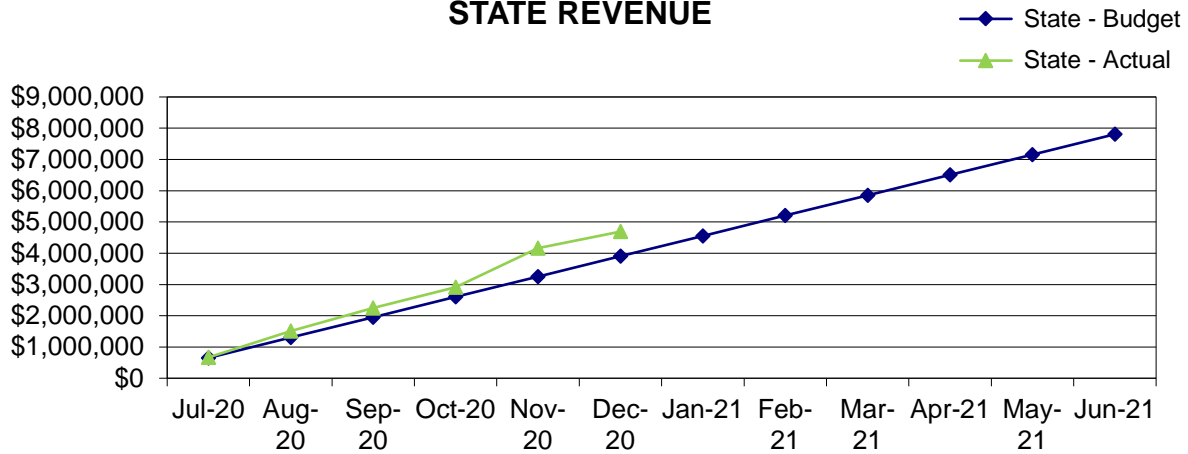
EXPENDITURES

CATEGORY	TOTAL BUDGET	EXPENDED YTD	BUDGET YTD	% EXPENDED	BALANCE
Personnel	\$ 13,671,168	\$ 6,904,960	\$ 7,361,398	94%	\$ 456,438
Staff Development	\$ 54,610	12,389	27,305	45%	14,916
Facility	\$ 1,167,421	407,039	583,711	70%	176,672
Equipment and Supplies	\$ 710,755	332,076	355,378	93%	23,302
Transportation	\$ 345,290	15,019	172,645	9%	157,626
Consultant and Contractual	\$ 1,580,677	732,718	790,339	93%	57,621
Miscellaneous	\$ 121,402	20,457	60,701	34%	40,244
Total Expenditures	\$ 17,651,323	\$ 8,424,658	\$ 9,351,476	90%	\$ 926,818
Operating Margin	\$ -	\$ 687,865	\$ (525,814)	8%	\$ 1,213,679

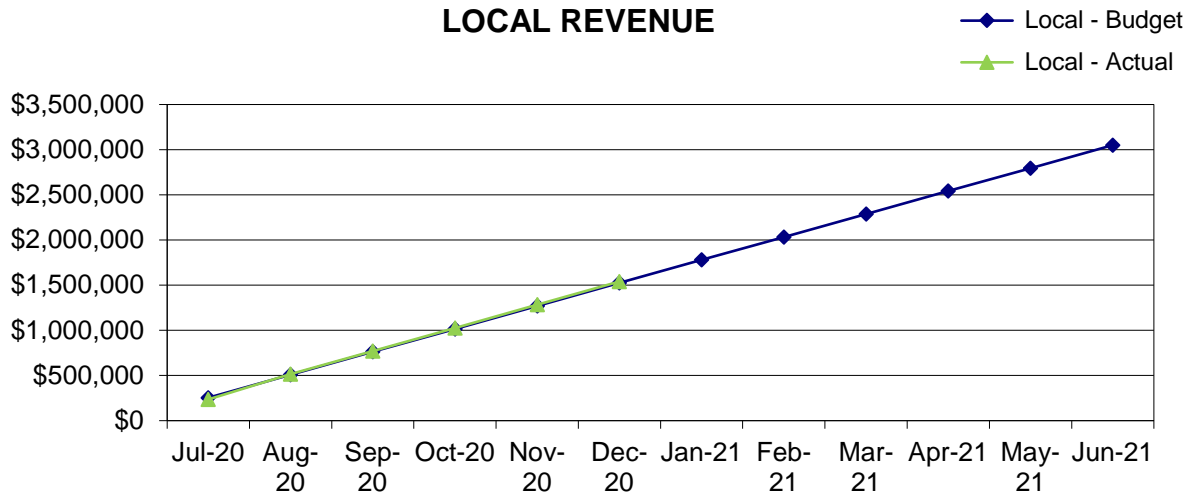
Unless noted otherwise, all amounts are modified cash basis: revenues recognized when earned and received; expenditures upon disbursement, subject to final settlement with fiscal agent.

YEAR TO DATE REVENUES
as of
12/31/20

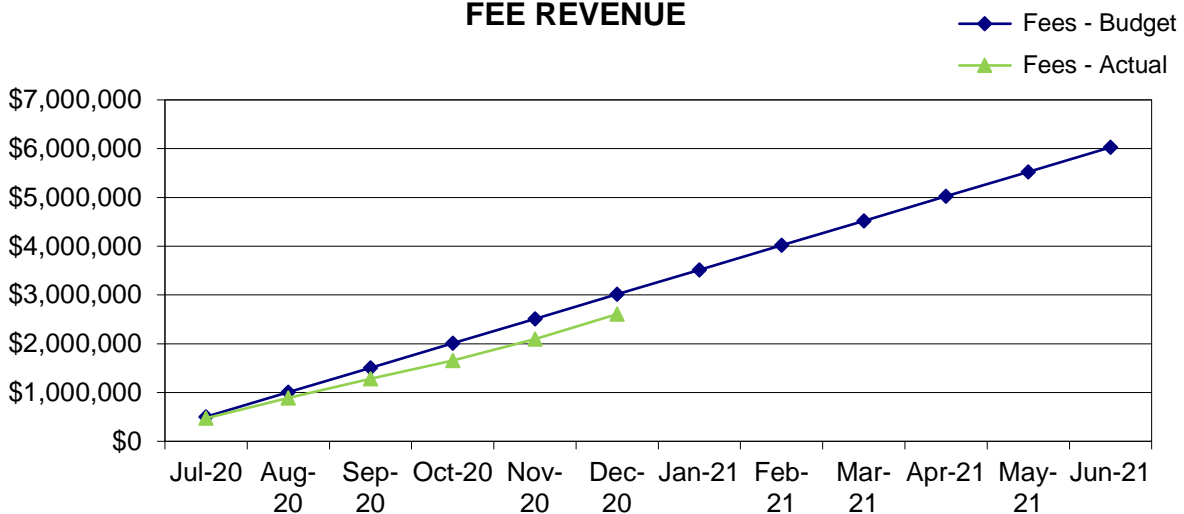
STATE REVENUE



LOCAL REVENUE

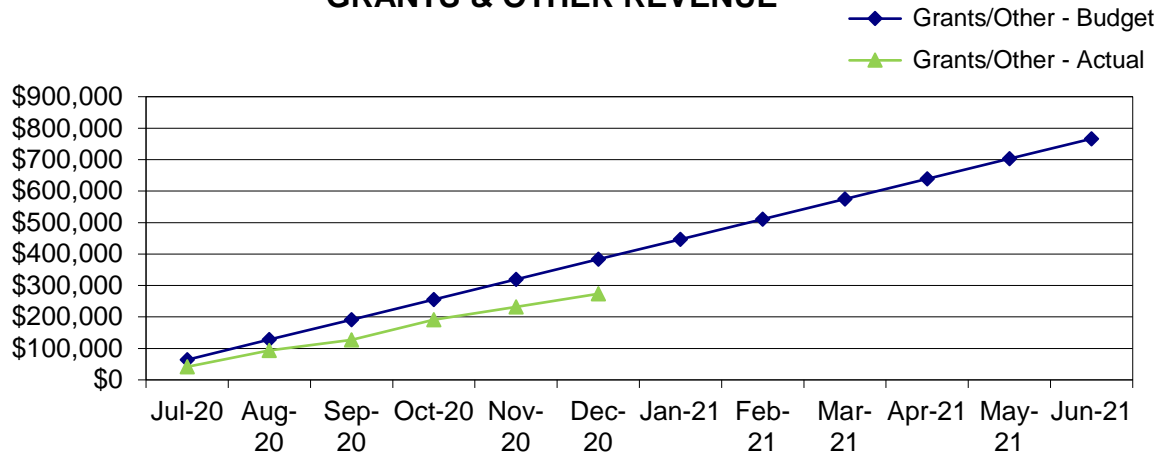


FEE REVENUE

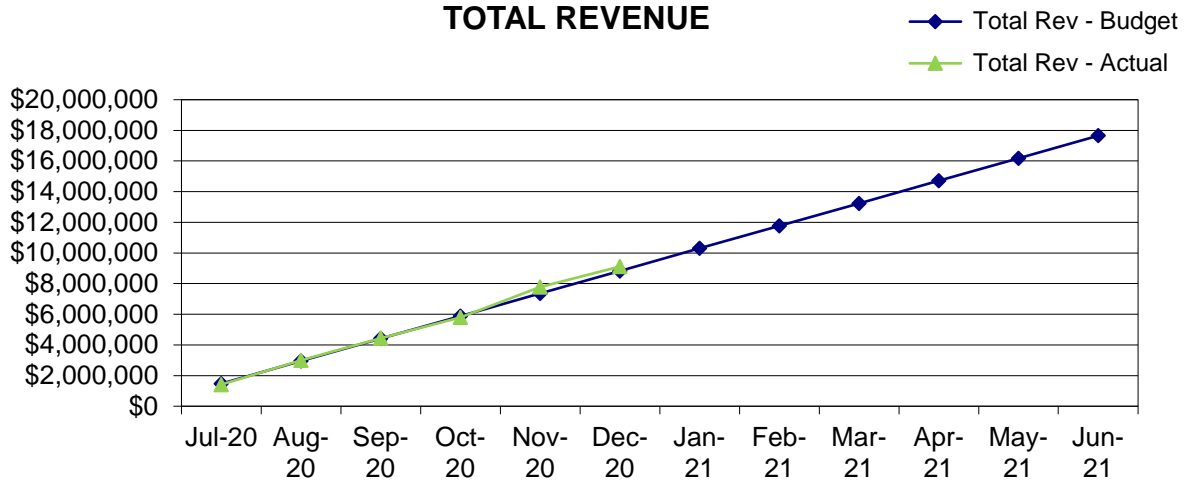


YEAR TO DATE REVENUES
as of
12/31/20

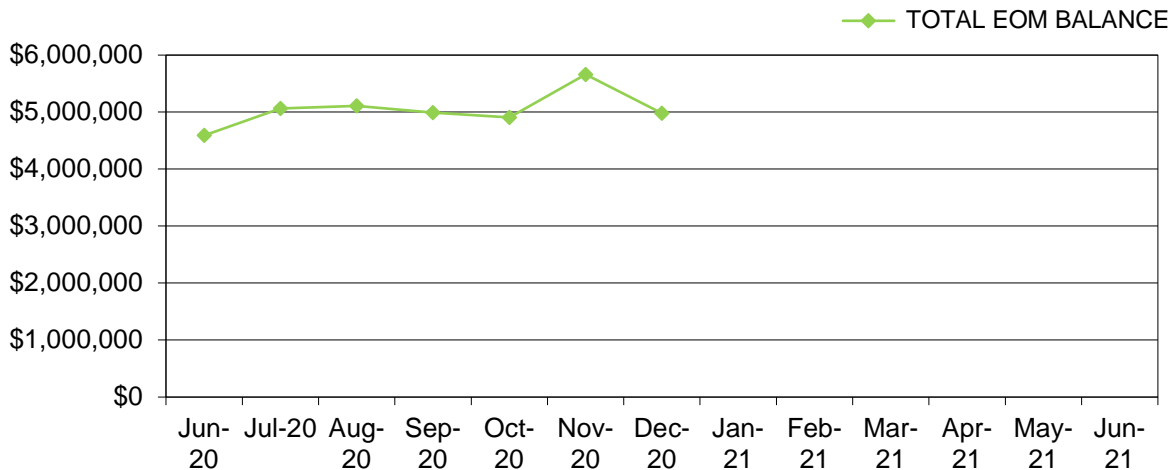
GRANTS & OTHER REVENUE



TOTAL REVENUE

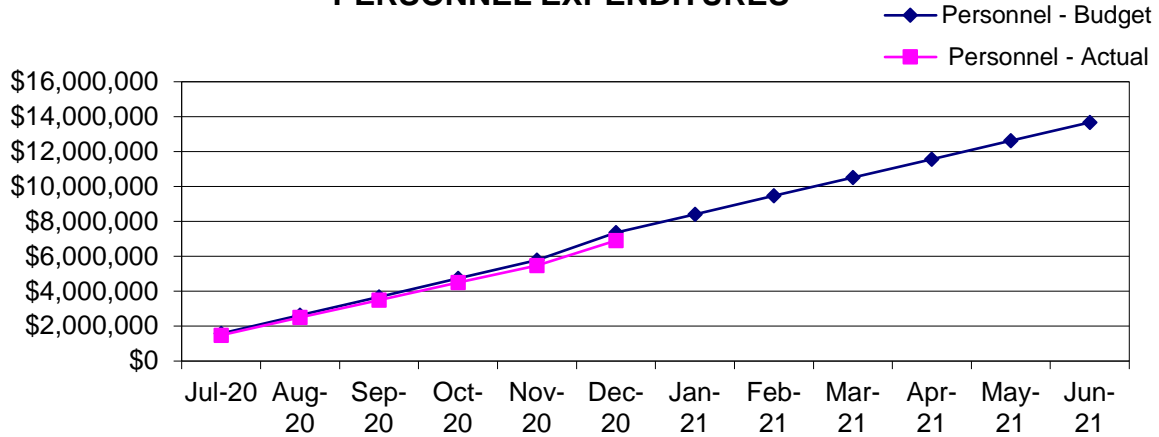


CASH & INVESTMENTS BALANCE

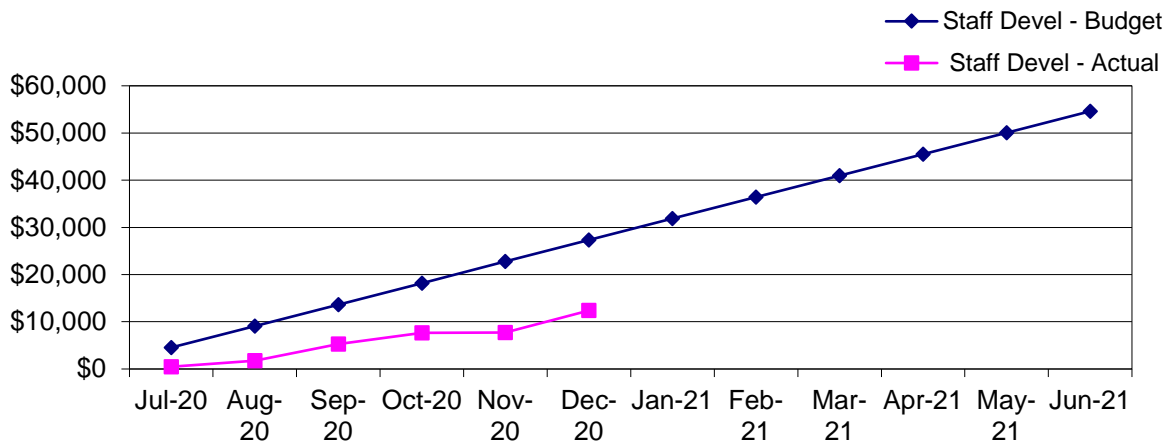


YEAR TO DATE EXPENDITURES
as of
12/31/20

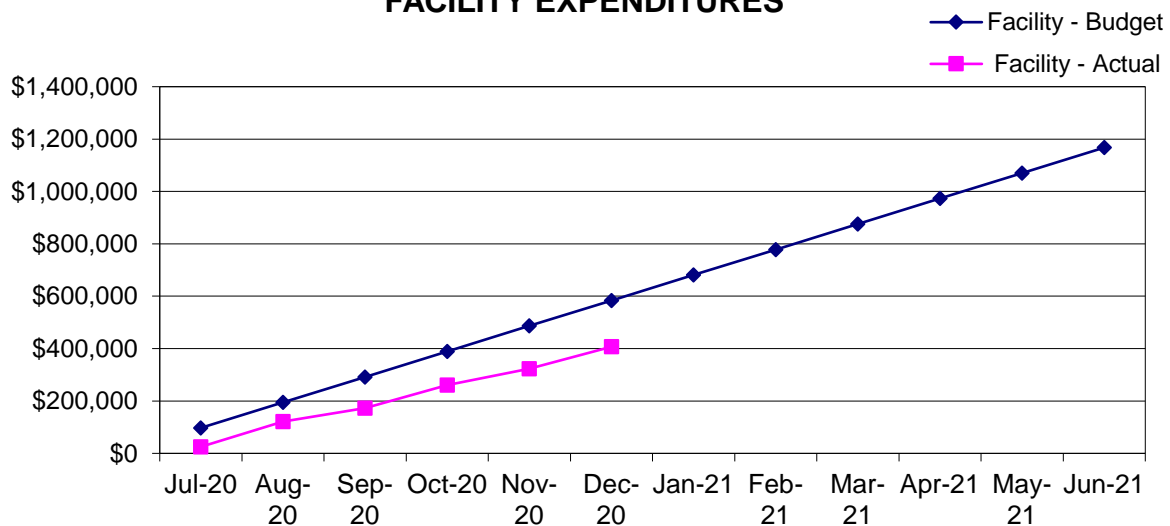
PERSONNEL EXPENDITURES



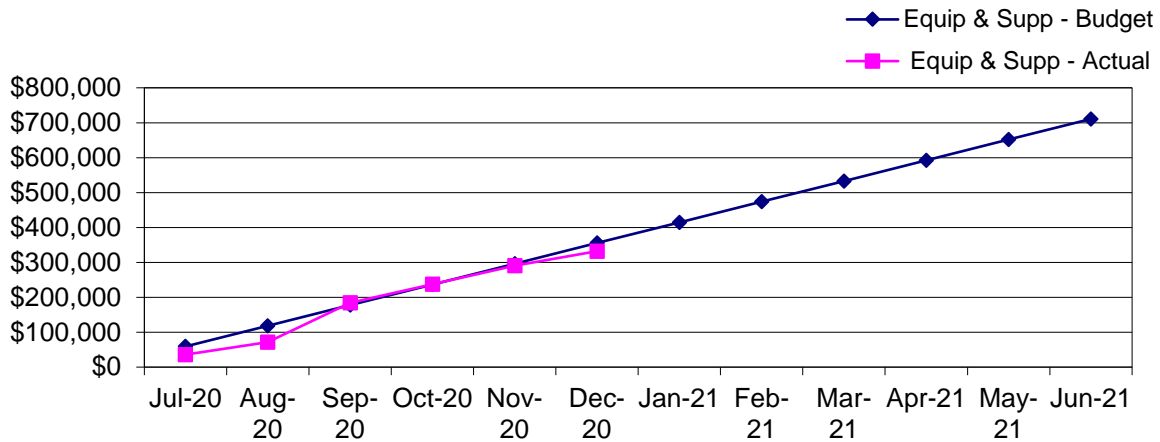
STAFF DEVELOPMENT EXPENDITURES



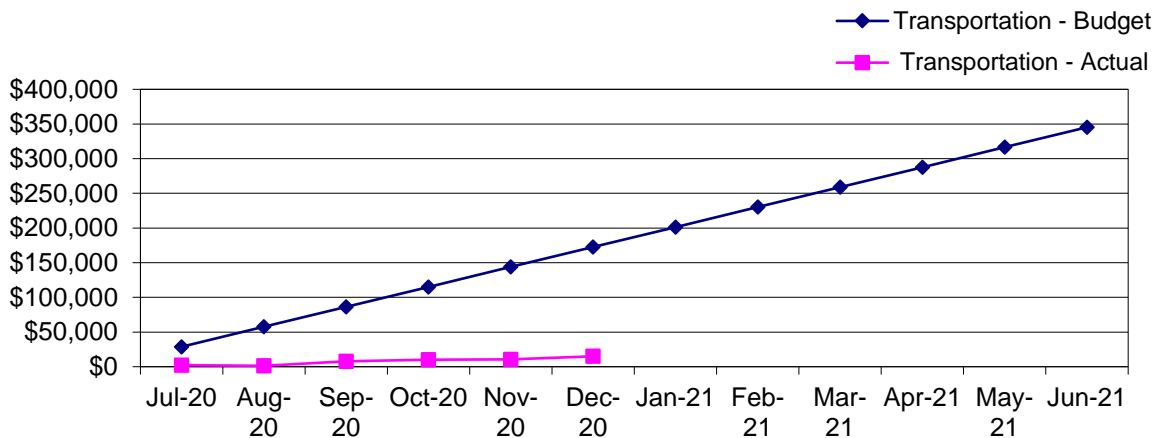
FACILITY EXPENDITURES



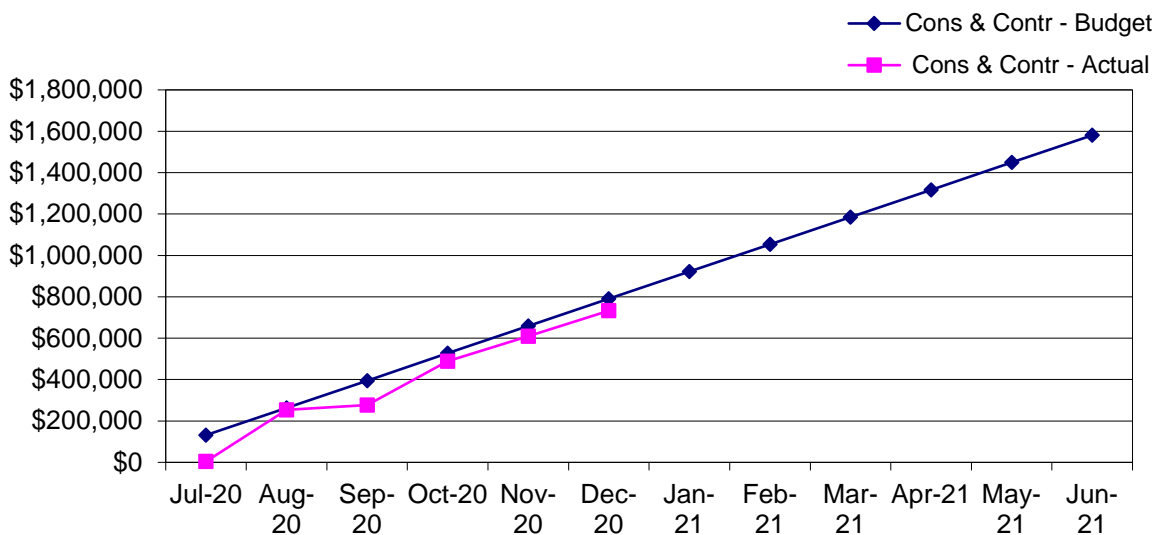
EQUIPMENT & SUPPLIES EXPENDITURES



TRANSPORTATION EXPENDITURES

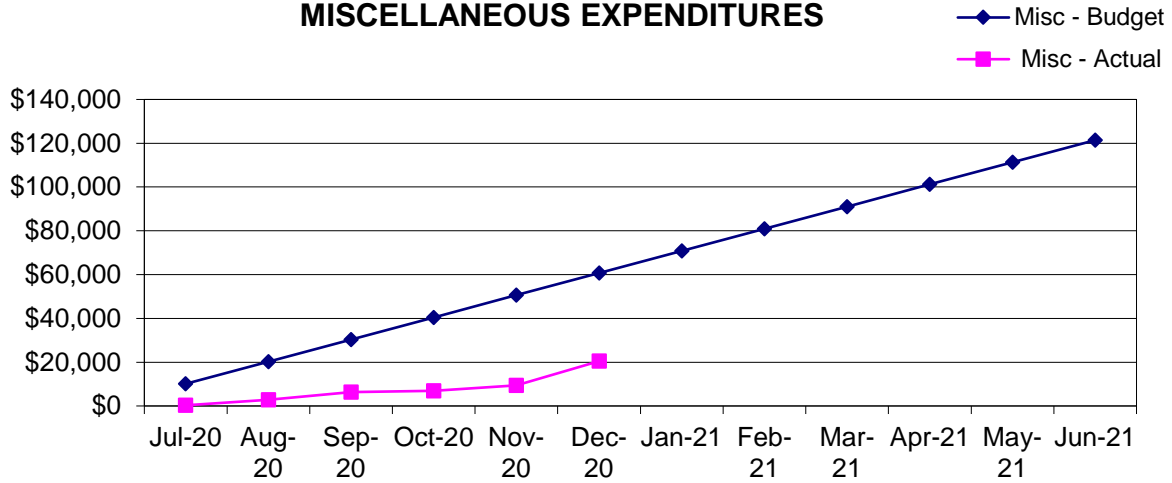


CONSULTANT & CONTRACTUAL EXPENDITURES

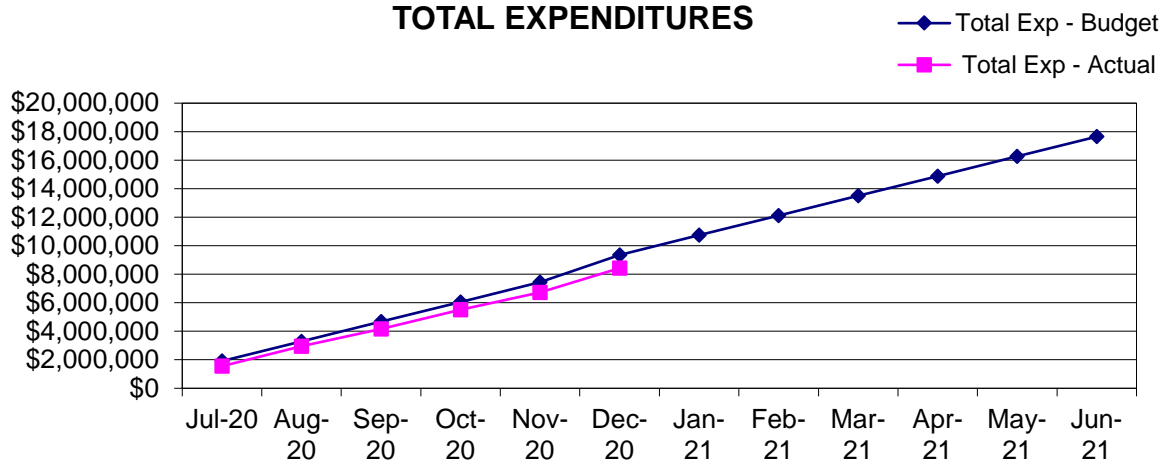


YEAR TO DATE EXPENDITURES
as of
12/31/20

MISCELLANEOUS EXPENDITURES



TOTAL EXPENDITURES



TOTAL REVENUE & EXPENDITURES

